# The Dam News

July 26, 2023, Vol. 30



Wolf Creek Winery
Momma's Magic Kitchen
Java's Lair
Pampered Chef
Scentsy
Lifewave
NDSU Extension-McLean Co.
Chuck's Custom Fishing Rods

ShalGals Jerky All American Donut & Snowcone The Happy Glamper
Color Street
Happily Entwined
Jen's Kraft Korner
Tastefully Simple
FOREVER
Boho Bumblebee
Red Aspen
Wild Wood Art

Grace Gardens
Mis'Allainy Handcrafted Goods
Beneath the Aspyn
Freezin USA
Color Dot Jewelry
Dave's Engraving
Pink Zebra
Farmasi
Norwex
Random Deal

### ENTERTAINMENT & DJ PROVIDED BY FUNTYME KAROKE & DJ

Join us for a day of summer fun, spending time together with friends & lots of retail therapy. PCFD will also have \$10 tickets for their gun raffle at both locations. Drawing is September 16<sup>th</sup> at The Dam Bar.

Thank you for supporting our vendors and this mission for Ava's Light.

Benefit for The Pick City Fire Department



### MEET OUR VENDORS

### Wolf Creek Winery

We will be sampling and selling our Wolf Creek wines July 29th from 8 am - 2 pm in Pick City Hall. Our featured wines will include Sakakawea Sunshine, Lake Girl Gold, White Cranberry Mist, Mallard Island Red, Cabernet Sauvignon, Blackberry Breeze and our new wine Country Roads. If you want us to bring any preorders, please contact me at 701-220-7237.

Visit our website: www.wolfcreekwinerynd.com, Email: randy@wolfcreekwinerynd.com or call us at 701.220.7237. Also make sure to Follow us on Facebook Wolf Creek Winery & Twitter.

### Kimi's

Hi, I'm Kimi I will be at the Pick City vendor show on Saturday, July 29 from 8 am-2 pm. I will be serving yummy breakfast sammies, fresh fruit, muffins, and pancake on a stick. Lunch will have my famous burgers, cheese curds, our competition mac & cheese, Sante Fe Egg Rolls, and many other items to enjoy. Kimi's also does catering, weddings, birthday parties, special events, friends get togethers, or anything food related. Stop by and grab a business card and we can talk about your special event. Go to my website to check out options! www.kimisfoodservices.weebly.com or Facebook Kimi's

This vendor show is to benefit the Pick City Firemen so 10% of our sales will go to the firemen from the day of the event.

Momma's Magic Kitchen

Hi I'm Paula and Momma's Magic Kitchen was started in June 2021. I have always wanted to start my own business and "Baked Goods" is my passion. A year of Farmer Markets, Vendor Shows and weekends at the Gateway Mall have made me determined and encouraged to continue to grow my business to the next level. We have a home bake everything. Cookies, Cakes, Pies, Party Platters, etc. We are an area cottage-baked goodies bakery offering a wide selection of sugar-free, keto, and gluten free options for those with dietary concerns. Our classic and tasty treats are made daily by in-house bakers, using the freshest & finest ingredients with no preservatives. Veterans, Military, First Responders receive 10% off any purchase and we thank you for your service to our country and communities. Momma's Magic Kitchen will be bringing lots of goodies for sale. If you'd like anything special, call 701.333.8848 or email mommasmagickitchen@gmail.com to preorder and can

deliver on Saturday July 29th in Pick City. Follow us on Facebook Momma's Magic Kitchen Stop by & see me on Saturday. I'll be located in Pick City Hall.

### Jen's Kraft Korner

Hi, my name is Jen! If you are looking for a unique baby shower gift, I'm your gal! I make diaper cakes. I also do potholder gift sets along with some custom tees and kids aprons! Feel free to reach out to me at 701-899-0017 or jennifereikom@gmail.com

### Pampered Chef

My name is Shawna Lelm and I'm honored to be your Independent Pampered Chef Consultant at this years Summer Vendor Show in Pick City. Not only do I love food, I love sharing ideas and tools to fill your kitchen to help you in baking, cooking, meal prepping and recipe ideas. I will be bringing some Pampered Chef products available to purchase on site as well as sharing catalogs should you wish to order online as well. I will be doing drawings with each purchase varying from 10%, 20% to even up to 50% off select items available that day. I look forward to seeing you all and spending the morning with you. Cooking with Shawna Lelm | Facebook

www.pamperedchef.com/pws/slelm

### The Happy Glamper

The Glamper was born of a vision I had of roaming the Lake Sakakawea coast, sharing my love for fashion and novelty items with cabin owners and campers. Visitors will find unique clothing in all sizes from newborn on up to 3XL, caps, handbags, jewelry, camp and cabin décor, kitchenware, rainy-day activities, toys, games, and even supplies for Fido! Happy Glampers ND Facebook

### **Grace Gardens**

We are simple, salt of the earth, people working hard to provide our community and surrounding communities with the option to buy local, fresh, organic, responsibly grown produce along with the best eggs possible from our healthy, well love flock of honest free-range chickens. Stop by & see us on Saturday in Pick City Park. We look forward to meeting you! Grace Gardens | Facebook

### Mis'Allainy Handcrafted Goods

Hi! My name is Chrissy Lyle and I am the owner and creator of Mis'Allainy Handcrafted Goods. I live in Garrison with my husband Travis and our five fur children. I ha e always be slightly obsessed with all things scent related especially candles. When I moved to Garrison from Michigan in 2012 it was a bit of a shock to have to drive almost an hour to get my candle fix so in 2017 I decided to try making my own and in August of 2018 Mis'Allainy was born. About a year into being business I caught Covid and lost my taste and smell as so many unfortunate souls have. That obviously put the breaks on Mis'Allainy for a bit, but as my scent VERY slowly comes back I am reigniting Mis'Allainy not only with new candle and lotion scents but with a new line of herbal teas, new herbal salves and a other surprises. I am so excited to team up with my aunt and uncle Jess and Sean McRandall and their beautiful Grace Gardens this season. They have been a blessing to me and my "reopening" of Mis'Allainy. Make sure you stop by our table in pick city on July 29th and at Grace Gardens in Garrison every Friday from 2-6 pm. And a special thank you to Brenda for everything she is doing for her community!! Misallainy.handcraftedgoods | Facebook

### MEET OUR VENDORS

### **Tastefully Simple**

Hey everyone! My name is Liz Michlitsch. I'm a leader with Tastefully Simple, newly married, and a fur mama to three pretty awesome pups! Tastefully Simple is known for a variety of products such as our award-winning Bountiful Beer Bread, multi use seasonings, dips, desserts, soups, drink mixes and more. We provide simple solutions with our motto being "Two ingredients or less". Over 85% of our products are also clean label with no artificial colorings/flavors/preservatives/sweeteners & no added MSG. Most seasonings are also low carb and low sodium. I look forward to meeting you!

My website: www.tastefullysimple.com/web/emichlitsch

Facebook Group: Simply Tasty with Liz

Simply Tasty with Liz | Facebook

### **Color Street**

### **FOREVER**

Do you have Boxes or old Photos/Videos? Have you lost Photos or are running out of phone space? Are your Photos/Videos in numerous places? Do you love to make/give Photo gifts? FOREVER.com is a Permanent & Private storage. Guaranteed for generations with your file formats updated so they are never obsolete. Don't rent your storage – OWN IT! I am Barb DeWitt from Hazen and look forward to being your Photo Memory Coach. https://www.forever.com/ambassador/barb-dewitt

### <u>Scentsy</u>

Hi I'm Steph and a mom of two busy little boys with a dog and always something to do. I decided to become a Scentsy consultant when I hosted a party for my coworkers. There were way more products than I ever knew, and I was really excited. I like having an awesome smelling home, vehicles and pet. Stop by and see me on Saturday where I will have lots of items including wax, wax warmers, oils, diffusers, pods, pod warmers, pet supplies, child items, car fresheners, laundry cleaners and new items! You can view the catalog by following the link <a href="https://stephpfeifer4.scentsy.us">https://stephpfeifer4.scentsy.us</a>. Also check out my ad in the Business Directory of this week's issue. See you on Saturday! <a href="https://stephpfeiferfei

### Beneath the Aspyn

Homemade goat milk soaps and lotion, lip balms & sunscreen Beneath The Aspyn Farm | Facebook

### Java's Lair

Hi, I'm Alisha. Java's Lair Food Trailer is based out of Washburn and specializes in being a 100% gluten-free food trailer serving up delicious food and handcrafted drinks. We'd be honored to serve you up your morning latte, lotus plant energy drink, or flavored lemonade and popping boba options to keep you cool while enjoying a wonderful event, you can also snag some yummy food like our hand battered cheese curds, yummy chicken strips, street tacos, deep fried Oreos and more for your breakfast or lunch needs. We love traveling with our food trailer and bringing the goodies to you. We also have a gaming cafe located in Washburn where we host a variety of fun events, carry a selection of toys and games, and Espresso based drinks and gluten-free baked goods. Contact us to book us for your next event or to visit our store:

www.javaslair.com email: alisha@javaslair.com.

Java's Lair Food Trailer | Facebook

### Red Aspen

Nail dashes, lips & masks

### NDSU Extension-McLean County

NDSU Extension provides science-based education that improves the economic, health & community conditions for North Dakotans. I plan to have handouts, brochures available along with a survey on what programs/program areas would be preferred.

NDSU Extension-McLean County | Facebook

### Pink Zebra

Pink Zebra is a fragrance company that allows you to personalize your scents and your decor -- both in your home and on the go. Pink Zebra's Sprinkles are made in the U.S. from Soft Soy, a proprietary blend of soy wax and paraffin wax. I will have Sprinkles, Simmer Pots, Diffusers, Reeds, Wallhugs, Diffuser Oils, Insect Repellent, and Bundle/Gift sets available for purchase on Saturday. Come find me under the pink zebra canopy! <a href="mailto:sberger97@aol.com">sberger97@aol.com</a> Shana Sailing 701-202-4169

http://www.pinkzebrahome.com/ShanasSprinkles

Shana's Pink Zebra Group (Independent Consultant) | Facebook

### **Boho Bumblebee**

My name is Christi, I live in Bismarck and started my little macrame business, Boho Bumblebee, just after the pandemic. I am YouTube taught; You can learn how to do anything on YouTube!

I enjoy making unique macrame pieces as well as functional ones. I currently have a large inventory of dish towel holders, macrame owls, macrame pendant lights, plant hangers and so much more! Most of my pieces come with a bumblebee charm, I've made my signature. I also donate a portion of all my proceeds to local pet rescues as the need for help is so great.

I look forward to meeting everyone on Saturday!

~Christi Jenkins

### MEET OUR VENDORS

### **Color Dot Jewelry**

Hi I'm Phoebe and from Velva, I've been crafting my lines of Jewelry for about 10 years. I have a Facebook page Color Dot Jewelry where folks can find a lot of my designs. I also offer wholesale pricing for bulk orders!

### Freezin USA

Hi I'm Phoebe and also have Freezin USA. As far as Freeze drying goes, we have done that for almost 2 years now. We started small but have expanded out items to over 15 kinds of taffy, 7 kinds of skittles, and about 60 other kinds of gummies and marshmallows. We try to freeze dry all of your favorite snacks, which changes the texture and enhances the flavor! We even have astronaut ice cream!! Freezin' USA | Facebook

### Farmasi

Skincare, makeup, nutrition, haircare, homecare, men's line farmasius/karisauer

### **ShalGals Jerky**

Come early for the best selection of jerky. Samples will be on hand as usual. ShalGals Jerky | Facebook https://shalgalsjerky.com

### **Happily Entwined**

Happily Entwined ~ Homegrown Sticks and Stones | Facebook

### Lifewave

Stem Cell Patches https://lifewave.com/wellness

### Wild Wood Art

I do wood burnings, skulls and wreaths. I also have cow skins.

### Random Deal

I sell "The Button". Hanger or multiple use for hanging many random items.. You can attach to purse, backpack, pocket and comes in different colors. TSA compliant.

### Dave's Engraving

Chuck's Custom Fishing Rods

All American Donut & Snowcone

### Let's Meet Our DJ Lois Zahn

I've been in business for over 30 years and never thought I would be a DJ or Karaoke leader, but it came my way and has been a blessing. I've always loved singing and entertaining. I DJ weddings, birthday parties, beach parties, theme parties, special events, etc. and I like making music Fun! I have my dear friends, the minions that entertain the kids, do games, trivia, etc. I've been President of Frozen Fingers for 3 years and Minot Area Senior Coalition for 5 years, putting on events for seniors in April and May. I've done many events throughout the years in the Riverdale area and I'm looking forward to a fun day seeing new and familiar faces.



FOOD | GAMES |







Hours: Tuesday-Friday 8am-3pm. Saturday 9am-2pm. www.javaslair.com 718 Main Ave Washburn, ND

f Java's Lair f Java's Lair Food

### IAVA'S LAIR FOOD TRAILER

**GLUTEN-FREE COMFORT FOOD** AND HANDCRAFTED DRINKS

### Upcoming Schedule

JULY 20 - ARTS IN THE CITY MINOT JULY 22 - JAVA'S LAIR WASHBURN (ORDER IN-STORE)

JULY 27 - ARTS IN THE CITY MINOT

JULY 29 - SUMMER VENDOR SHOW PICK CITY

"Create the highest, grandest vision possible for your life, because you become what you believe." ~Oprah Winfrey

# BENEFIT FOR EVEE

Everlee Rebecca Harder,

Daughter of Rylee Beyer and Curtis Harder Great Granddaughter of Pastor Al and Lynn Beyer

Diagnosed at birth with SMA SMA (Spinal Muscular Atrophy) is a debilitating genetic condition that if untreated will lead to breathing, eating, and mobility loss.

Evee has already received one treatment but now must undergo weekly and then monthly testing to assess the need for further treatments, evaluate side effects and muscle strength loss.

A SPAGHETTI DINNER BENEFIT

help defray medical and incidental costs

August 6, 2023 Hazen City Hall

11:30am to 3:00pm

BAKESALE



# KNIGHTS



# BAR & GRILL

401 3<sup>rd</sup> St. | Riverdale, ND

701-654-9559

# SATURDAY, JULY 29<sup>TH</sup> In the Mix~ with Tom O'Neill

INTHE MIX INTHE LIVE MUSIC WEDDINGS-PARTIES-CORPORATE EVENTS
PH. 701-527-1915

8 PM

# Wednesday's 7:00 pm



1<sup>st</sup> Blackout 57#'s: \$1,199 2<sup>nd</sup> Blackout 55#'s: \$3,938

# Every Friday & Saturday



### Hours

Monday - Friday 2pm - Close Saturday & Sunday Noon - Close

> <u>Happy Hour</u> Monday - Thursday 4 pm - 6 pm

### **Grill Hours**

Monday - Thursday: 2 pm - 9 pm Friday & Saturday: 2 pm - 10 pm Sunday: 2 pm - 9 pm

Follow us on our new Facebook page



Riverdale High Lodge Knights Bar and Grill



# RIVERDALE GOLF CLUB TOURNAMENT

# SATURDAY, JULY 29TH

REGISTRATION 9 AM TEE OFF 12 NOON

Per Golfer: \$50

Per Team: \$200

4-Ball Scramble | Limit of 18 Teams

Prizes
Common sate to
Number of Teams

- -Longest Drive
- -Longest Putt
- -Closest to Pin

To Reserve Golf Slot Contact Riverdale High Lodge 701.654.9559

Meal
Cost
Included
In Golfer
Fee

GARRISON CHAMBER TRADE COMMITTEE HOSTS









Tuesday Evenings Starting at 4:30pm until gone! Main Street | Garrison

Oug 1st

Free Treats

Come to the GAIA building beside the ND Firefighters Museum and get some free hot dogs, snow cones, and popcorn.

Photo Contest

Dog days of Summer photo contest! One entry per family. Send your dog picture to otteson2316@gmail.com by July 21st. 1st- 3rd place, prizes from Dee-Oh-Gee Delights Dog Treats. Winners announced August 8th.

# Interested in being a vendor?

SHOW UP & GRAB A SPOT!

Small tents, tables, or selling out of the back of vehicles are permitted; booths can be set up on the sidewalks. Only requirement is that you must make it. bake it, or grow it for the products to be sold. The event starts at 4:30pm; show up when you can & stay as long as you'd like!

QUESTIONS? 463-2345 \* NDFM@RESTEL.COM

# **Dakota Painting** & Tree Service

**❖** Since 1986

Licensed & Insured



Tree Removal, Stump Removal, & Tree Trimming

Tom Rupp

701-400-8864

Interior, Exterior, Residential & Commercial

### Party in the Park Saturday, August 12th Garrison City Park Aw Shucks! Corn Fest

JOIN US FOR AN AFTERNOON OF FUN!

2 p.m. - 6 p.m.















5:30 p.m. Pet & Doll Parade
Route: City Park, down to
TruCommunity Bank and back up to
City Park

For more information contact: Garrison CVB at 701-463-2345

No outside food or beverages\_

\$10 admission starting at 6 p.m. Kids 12 and under free

Food & Beer Gardens will be available

Bring your own lawn chairs

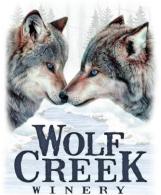
Performances by:

The Waddington Brothers at 5:30 pm

The Bromantics at 7:00 pm



Event Sponsored by: G.A.I.A., Garrison Chamber of Commerce, Trade Committee, and local Chamber Businesses.



# Wolf Creek Winery

Wolf Creek Winery currently produces approximately 19 varieties of grape and fruit wines. We support local, and source as much fruit locally as we can.

Wolf Creek Winery offers off-sale, tastings, and tours by appointment at 3631 8R Street NW, Coleharbor ND, 701-220-7237. You may also order online and pick up at the winery, or we can ship to 35 different states.

# Wolf Creek Wines are available locally at the

### following locations:

Bronson's Liquor, 201 West Main Street, Beulah ND
Grimsley's Convenience Store, Underwood ND
Hiway 83 Express, 153 Case Street, Washburn ND
J Aurthers Flower & Gifts, 213 Main Street, Turtle Lake ND
Krause's Liquor Store, 339 4th Ave SE, Garrison, ND
The Rusted Rail Bar & Grill, Underwood ND (off Highway 83)
Totten Trail Bar and Grill, along Highway 83 at Lake Audubon ND
Little's Bar & Grill, Pick City, ND
Iron Oar Pub & Grill, Riverdale, ND

Visit our website: <a href="www.wolfcreekwinerynd.com">www.wolfcreekwinerynd.com</a>, Email: <a href="randy@wolfcreekwinerynd.com">randy@wolfcreekwinerynd.com</a> or call us at **701.220.7237.** Also make sure to Follow us on Facebook <a href="wolfcreekwinery">Wolf Creek Winery</a> & Twitter.

Also available at:

Broadway Liquor, 1030 N. Broadway, Minot ND Captain Jacks Liquor Land West, 1100 Turnpike Ave, Bismarck ND

Cash Wise Liquor, 900 43rd Ave. N.E., Bismarck ND
Cash Wise Liquor, 1144 East Bismarck Expressway, Bismarck ND
Cash Wise Liquor, 3208 16th Street SW, Minot ND
Lucky's Liquor Store, 450 12th ST West, Dickinson ND
Lucky's Express Liquor Store, 1005 E Villard Street, Dickinson, ND
Medora Convenience Store, 200 Pacific Ave, Medora ND
Medora Uncork'd, 370 Pacific Avenue, Medora ND
Wild Flour Cafe & Bakery, 718 Elk Street, Alexander ND
Wild Vines Market, Beach ND
WILLIQUORS Liquor Store, 3025 Yorktown Drive, Bismarck ND

# UNDERGROUND DOG FENCE



30+ Years of Experience CALL: 701-226-3215

### LAKE SAKAKAWEA STATE PARK

### Programming

Join us on Friday evenings and Saturday afternoons/mid-mornings for educational events with our Outdoor Educator! Details available on our social media!

## Pontoon Rentals

Lake Sakakawea State Park now has pontoon rentals!

Available starting July 13th until September 4th, 2023

Cost: \$350.00 per day (no hourly rates)
Rental period: 8:00 a.m. to 8:00 p.m.

Call 701-487-3315 or 701-487-3317 for

more details and to book your reservation!

For reservations call: 1-800-807-4723 or go online to parkrec.nd.gov. Lake Sakakawea State Park



Local, Organic, Fresh, Farm to table, Free range eggs



quo jun o



We are located about a quarter mile west of the junction of highways 83 and 37 as you head toward Garrison



There will be no market at our homestead location this Friday July 28th.

Please join us at the Summer Vendor Show in
Pick City on Saturday July 29th.
We will be located at the City Park with our local, organic,
fresh produce, farm to table!
Stop by and say hello. We look forward to meeting you!



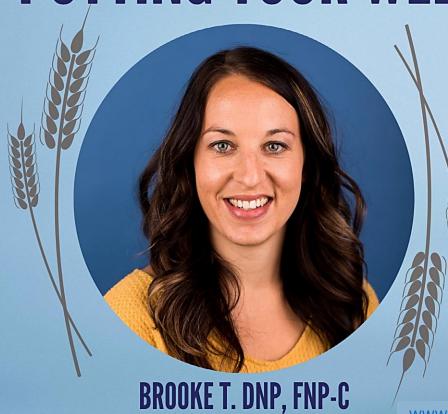
Follow us gracegardens.market

Grace Gardens | Facebook

We belong to the ND Farmers Market & Growers Association

We are registered with the state of ND and comply with all the Cottage Food Laws

# **PUTTING YOUR WELLNESS FIRST**



- Primary Care visits (Adult/Children)
- Preventative/Wellness Exams
- Health Education (Tobacco, Weight)
- Diabetes Education
- Chronic Disease Management
- Immunizations
- Sports Physicals
- DOT Physicals
- Referrals
- Employee Drug Screening



Monday 7-5, Tuesday 8-5, and Thursday 8-5

Telehealth Appointments Available Friday from 8-3

WWW.NORTHLANDCHC.ORG TURTLE LAKE - 701-448-9225

# FRONTIER FLORAL & GIFTS 611 MAIN AVENUE WASHBURN, ND

701.462.3878

HOURS Monday - Friday 10 - 5 Sat & Sun Closed

SATELLITE LOCATIONS WILTON CENEX,

WASHBURN ENERBASE &

9 OTHER LOCATIONS



BEVERLY PETERSON, OWNER

# CRAZY LADY COFFEE COFFEE BAR

RUTH'S HOMESTYLE BAKED GOODS EVERY WEDNESDAY

GOAT MILK SOAPS \* GIFT BASKETS

**IN-HOUSE PLANTS & GREENS** 

# WEDDINGS GRADUATION MEMORIAL OR CLASSES OFFERED THROUGHOUT THE YEAR Frontier Floral | Facebook frontierfloralandgifts.com





# The Happy Glamper

**Traveling Camp and Cabin Boutique** 





701.426.2311

Browse online at <a href="https://www.happyglampernd.com">www.happyglampernd.com</a>

### Summer Vendor Show

Pick City Hall & Park

Saturday, July 29th



Tie-Dyed Tank Sizes S-3XL \$28

Whipped **Body Butters** Pina Colada or Frozen Margarita

\$17





S'mores Candle 8 oz. \$18



School of Fish Necklace \$25



75th Anniversary Shirt Each \$20 shirt sold sends \$5 to the Riverdale-Pick City Ambulance Service

# Teresa's Grocery

10 Main Road East, Pick City ND Open Daily- 9 a.m.-6 p.m. Phone- 487-3000

Hot weekend in the forecast? Stop in to quench your thirst with our 12 pack selection, and 24 packs of water!



We Carry Groceries, Drink Mixers, Cell Phone Accessories, Gift Items, ND Souvenir's, Clothing, Blankets, Toys, Everyday Essentials, Greeting Cards & More!



71 Main Road East

Pick City, ND

Phone- 487-3343

Open 7 days a week

Convenience Store, Gas &

Propane, Bait & Tackle, ATM

Machine

Salmon Season has begun! We have everything you need for a **Great Season!** 





# **Jerry Schmitcke Farm Auction**

# Tuesday, August 8<sup>th</sup> @ 10 a.m. 2801 171<sup>st</sup> SE, Menoken ND 58558

From Menoken I-94 Turnoff, Go South four miles on 158th St SE, east one mile on 22nd Ave SE, then south 1/2 mile

### **Tractors And Equipment**

- John Deere 4630 W/ Duals, Quad Range and Mounted Dozer, 1000 PTO
- Oliver Super 88 Diesel
- Oliver 880 Diesel W/ Loader, Grapple
- Oliver 1800 Diesel W/ 3 PT
- Oliver 1650 Diesel
- Oliver Gas Tractor
- John Deere 566 Baler
- Farmhand Eight Pack Bale Accumulator
- Two Farmhand Eight Pack Grapple
- New Holland Hayliner 273 Square Baler
- International 620 Drill
- Rowse Double Nine Mower
- Nine Wheel Rake
- Six Wheel Rake
- Tri Haul Self Unloading Bale Mover
- New Holland 455 Mower 7'
- Several Bale Elevators
- John Deere 3 PT Bush Hog 5'
- Bandit 150XP Tree Shredder
- New Idea 486 Baler
- Bale Racks
- Hesston Hydro 1014 Swing
- 3 PT Blade
- 3 PT Ripper

seumille.

- 3 PT Bale Carrier
- Several Grain Augers
- American Automatic Grain Dryer

- Pickups And Trailers
- 2003 GMC 2500HD Sierra Duramax Diesel W/ Gooseneck Ball
- 1995 GMC 2500 6.5 Turbo Diesel, 195,000 miles, Gooseneck Ball
- 1977 Chevy Scottsdale 10 Squarebody 4x4, Not Running
- Dodge 100 Town Wagon
- Texas Bragg 33' Gooseneck W/ Beavertail, Dual Ramps, Tandem 12,000 Axles
- International 2000 Grain Truck Single Axle, Steel Box
- Gooseneck Hay Trailer Home Built

### **Tools And Shop**

- Thermal Air Fabricator 210 Wire Welder
- Miller Stick Welders
- Stihl Chainsaw
- 500 Gallon Propane Tank
- Jet Drill Press
- Stihl Weedeater
- Large Hydraulic Shop Press
- Dust Vac System
- Table Saws
- Miter Saws
- Many Woodworking Tools
- Bandsaw
- US General Pro 13 Drawer Toolbox
- ¾" Drive Socket Set
- Cutting Torch Set (No Tanks)
- 25 Gallon ATV Sprayer
- Pacer Trash Pump

- Big Buddy Heater
- DeWalt Chop Saw
- Speedglass Welding Hood
- Gravity Flow Fuel Tanks

### **Guns And Recreation**

- 2016 Artic Cat 7000 Cross Tour XF, 557 Miles (Nice)
- Ruger 10/22
- Remington 788 22-250
- Remington 700 22-250
- Weatherby Mark V .240
- Ithaca Mag 10, 3 1/2" Magnum
- M-66 Super Single 12 Ga. 3"
- Winchester 1300 XTR 12 Ga. 3"
- Remington 700 17 Remington
- Husky H-5000 7mm Rem. Mag
- Winchester 1895 30-06
- Long Tom 12 ga. Shotgun
- Remington 700 338 Win. Mag
- Savage 111 25-06
- Taurus Titanium .41 Mag
- Russian Double Barrel Shotgun
- 303 British Rifle
- Reloading Equipment
- Many Deer Mounts
- Snowmobile Trailer
- Two Older Boats (Not Running)
- Three Saddles And Lots Of Tack

### LOTS OF SCRAP IRON!

 Scrap Iron Including Combines, Balers, Mower Conditioners, Harrows, Headers, Etc.

uctionees

Neumiller Auctioneers LLC

Cory Neumiller, Lic. #2069 & Joel Neumiller, Lic. #2070; Neumiller Auctioneers LLC, Clerking Lic. #2071

Go to Neumillerauctions.com for more photos

Cory Neumiller 701-460-7942

Joel Neumiller 701-220-0983



Kimi Fischer, Owner (701) 891-1709

Email: kimisfoodservices@gmail.com Online: www.kimisfoodservices.weebly.com

### Events & Catering

### Food Truck - Cafeteria

Email: kimisfoodservices@gmail.com Online: www.kimisfoodservices.weebly.com

701.891.1709

Homemade Goodness to Go!

**Custom Per-Person Catering** Pricing Available-Just Ask!

# Saturday, July 29<sup>th</sup>

Summer Vendor Show Pick City, ND

Benefit for The Pick City Fire Dept 8 am - 2 pm

### **Breakfast** 8 am - 10 am

Breakfast Sandwich \$7

(Texas Toast, egg, cheese, sausage)

Pancake on a Stick \$3

Fruit Cup \$5

Muffin \$2

### Lunch

10:30 am - 2:00 pm

Hamburger	\$ 9.00
Cheeseburger	\$10.00
Fleischkuechla	\$ 8.00
Pulled Pork	\$10.00
Brisket Sandwich	\$12.00
Strawberry Spinach Salad	\$ 8.00
(add Grilled Chicken)	\$12.00
Sante Fe Egg Rolls (2)	\$ 5.00
Cheese Curds	\$ 7.00
Fries	\$ 3.00
Tots	\$ 3.00
Pop or Water	\$ 2.00
Gatorade/Powerade/Orange Juice	\$ 3.00

### Friday, August 4th

Face of ND Golf Outing Hazen Golf Course

Saturday, August 12th

Class Reunion Hazen Middle School

### Tuesday, August 15th

Hazen Chamber Pitchfork Fondue Hazen Golf Course

5:30 pm

Wednesday, August 16th

Chalkfest

Hazen Lunch at 11 am



Follow us! Kimi's "Kimisfoodservices" for Daily Specials and Events

### <WANTED>

We currently have buyers looking for homes in the Riverdale & Pick City areas. If you are thinking of selling, please give Ruth a call ASAP!



We can help you sell as well as relocate to your new home. Ask about relocation benefits!

Ruth Julson REALTOR®

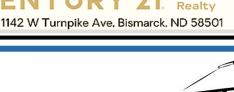
Mobile: 701.870.2775



www.ruthjulson.com



□ ruth@c21morrison.com





500 10<sup>th</sup> Street & Hwy 200

24 hr. Credit Card Gas & Diesel Pumps Grocery, Convenience Food & Breakfast items Frozen Pizzas & Sandwiches Off Sale and Tobacco Camping & Fishing Gear **Bait & Tackle** Stop by for a cup of coffee

### Delmer's Tip of the Week

"Fish don't care if it's raining or not. But it could start a feeding frenzy."

### Introducing **ABM Technology Group**

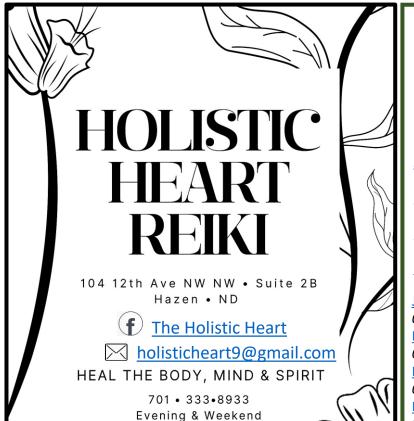


Advanced Business Methods has acquired True IT, expanding ABM's business from not only copiers, printers, wide format, and scanning options, but now the ABM Technology Group will be providing managed services, cybersecurity, network, and infrastructure integration, as well as a solid Microsoft practice.





https://abmnow.com | (800) 579.3151 West Fargo | Grand Forks | Bismarck | Minot | Williston | Dickinson



Appointments Available



Chamber of Commerce
Convention and Visitors' Bureau
PO Box 423, 146 E Main
Hazen, ND 58545
888-464-2936 – 701-748-6848

### **Upcoming Events**

August/September 2023

Jam Session

08/06/2023 Hazen City Hall

Music in the Park

08/09/2023 5:00 PM - 7:00 PM Paul Weiser Pocket Park Pitchfork Fondue

08/15/2023 5:30 PM - 8:00 PM Hazen Golf Course Chalkfest

08/16/2023 & 8/17/2023 10:00 AM - 8:00 PM Heritage Park Jam Session

09/03/2023 Hazen City Hall

Harvestfest 2023

09/06/2023 - 09/10/2023 Hazen

Music in the Park

09/06/2023 5:00 PM - 7:00 PM Heritage Park

Harvestfest 2023 Street Dance

09/09/2023 Main Street

www.visithazennd.com



Hazen Chamber of Commerce/CVB

# MOMMA'S MAGIC

KITCHEN

Riverdale

July 31

12 Noon - 5 pm Coffee House on 2nd Street (next to the Post Office)

Momma's Schedule for July

July 29 - Summer Vendor Show (Pick City)

Cookies, Breads, Pies & More Some items are made to order

Check out our website & Order online:

Momma's Magic Kitchen (mommasmagickitchen.net)

Follow us at Momma's Magic Kitchen



# 4th of JULY SAVINGS



701-663-7484

### ALL MONTH LONG!

Bismarck/Mandan











417 Mercedes Benz **GLE 350** <sup>\$</sup>29,999



117 Cadillac CT6 Luxury AWD Stk# 503301 \$30,999





20 Nissan Frontier SV Stk# 403701

\$31,999



'08 Dodge Ram 2500 Laramie Stk# 956503

\$38,999



22 Nissan Frontier PRO-4X Stk# 404001

s44,999



117 Ram 1500 Longhorn Stk# 963001 \$50,999



22 Jeep Grand Cherokee **4XE Summit** Stk# 400902 <sup>\$</sup>67,999



### Nice Job! Schwan Supports the Riverdale Ambulance Service.

Let us help you with your next vehicle!



Jayse Schwan



Jeff Albers General Sales Manager



**Todd Ormiston** 



**Brady Schwan** 



BJ Bohn Sales & Leasing Consultant



**Brad Foss** Sales & Leasing Consultant



Jebediah Quam Sales & Leasing Consultant



Ray Heck Sales & Leasing Consultant



Ronnie Pearson Sales & Leasing Consultant



Tony Zimney Sales & Leasing Consultant



Marshall Becker Sales & Leasing Consultant



**Kevin Schmidt** Sales & Leasing Consultant



Jan Louw Sales & Leasing Consultant





SchwanBuickGMC.com

### McLean County Museum

602 Main Avenue | Washburn, ND

701.462.3660



Voted McLean County's **BEST MUSEUM** 2020

Hours:



Nettle Creek School

Monday − Friday: 10 am − 4 pm

Saturday: 1 pm - 4 pm | Sunday: Closed

Open: May - October

McLean County Historical Society

McLean County Museum (washburnnd.com)



The museum is also opened by Appointment. After Hours: Rhonda: 701.315.0656



A Unique Boutique Shopping Experience Featuring Trendy Fashion, Accessories, & More!

### SUMMER HOURS

Monday-Friday 10AM-5PM Saturday 10AM-2PM **Closed Sundays** 

Schedule your own private shopping experience!

715 Main Ave. | Washburn, ND 1 North Main St. | Garrison, ND

SHOP 24/7 ONLINE ROLLINREBEL.COM

Follow Rollin' Rebel Boutique Rollin' Rebel Boutique



### Open

7am to 4pm Daily 1317 Border Ln. Washburn, ND

(701)462-8175

Dine-in \* Takeout

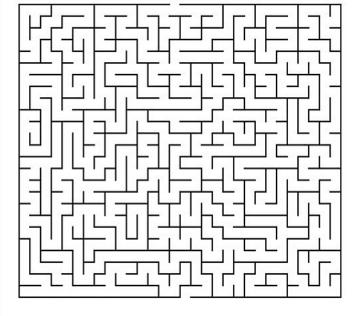
BREAKFAST. BRUNCH. LUNCH. GREAT EATS. GOOD TIME.

Everything on the menu is house-made, and fresh to order!

North Dakota's Top Spot to Enjoy the Most Important Meal of the Day

Follow us on Facebook for our Daily Specials! Dakota Farms Washburn

# HAVE AN







### HAPPY HOUR



Tuesday - Friday 4 - 6 pm \$1.00 OFF ALL DRINKS **Tuesdays**:

Indian or Softshell Tacos

### **Wednesdays:**

Buy 1 Burger, Get One ½ Price!

### **Thursdays:**

**Broasted Chicken** 

### **Fridays:**

Shrimp

### **Saturdays:**

Steaks/Prime Rib

### Sundays:

### **Totten Trail Services**

24 Hour Bait Restrooms Banquet-Meeting Room for Events

### Lake Audubon \* Hwy 83 701.337.2070

### Online Ordering

www.tottentrail.com

Follow us at Totten Trail Bar



Totten Trail Bar



TUESDAYS at 8:00 pm through the summer

1st Blackout 56#'s \$1,400 2<sup>nd</sup> Blackout 59#'s \$1,199

### Hours

Closed Mondays Kitchen Tuesday – Sunday: Noon to 9 pm Bar

Tuesday – Sunday: Noon to 10 pm



# Be safe.

Equipment is the primary source of horsepower on the farm. It's also tied to the greatest number of severe farm injuries. Respecting and using the equipment properly is vital. Put safety first and everything else second.



4031 Hwy 37 | Bypass Garrison, ND http://www.mcleanelectric.com/

701.463.6700 | 800.263.4922



towards your next adventure.\*

bravera.bank

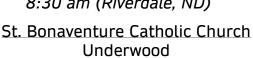
 $^*$ Conditions apply. Contact an employee for further information.

ADV-

FDIC

### **WORSHIP SCHEDULE**

Riverdale Community Church 8:30 am (Riverdale, ND)



St. Catherine's Catholic Church

Turtle Lake

Sunday 8:30 am

Sunday 10:30 am

St. Edwin Catholic Church
Washburn
Saturday 5:00 pm

St. John's Lutheran Church (LCMS) 9:00 am (Underwood)

St. Paul's Lutheran Church (ELCA)
11:00 am (Riverdale, ND)

Trinity Lutheran Church (LCMS)
11:00 am (2 mi W & 2 mi S of Pick City)

St. Paul Lutheran Church (ELCA)

10:30 am (from Pick City: 2 mi W, 6 mi S &

½ mi E off of Hwy 200)



### MA DOGS HOUSE OF GROOM

FIRST CLASS CARE
FOR YOUR
PAMPERED PET!

534 WALNUT STREET TURTLE LAKE, NORTH DAKOTA

**BOOK ONLINE AT** 

www.madogshouseofgroom.com

701.527.5280



### Midstate **Porcelain** Art Guild (MPAG)

Meetings held 1st Saturday of every month at 10 am Lesson & Location at hostess discretion

Join The Midstate Porcelain Art Guild & learn the fine art of porcelain painting. For Information on the Guild, call any of our Officers:

Luann Allsworth, Hazen, ND 701-748-5804 Bobbi Barnhardt, Washburn, ND 701-315-0053 Vicki Benzmiller, Coleharbor, ND 701-400-3028 Vida Klocke, Underwood, ND 701-442-3478 Linda Maize, Beulah, ND 701-873-5717

### McLean-Mercer Regional Library 216 Second Street Riverdale, ND Phone: 701-654-7652

### www.riverdalendlibrary.com

Public Access Computers, Children's Computer, Wireless Internet Access, Printer, Copier, Fax, McLean & Mercer County Newspapers, eBooks & Digital Magazines, Board Games



F Like and Follow us at McLean-Mercer Regional Library

McLean-Mercer Regional Library

McLean-Mercer Regional Library is headquarters for a consortium of public libraries in the communities of: Beulah, Garrison, Hazen, Max, Stanton, Turtle Lake, Underwood, Washburn.



### Bobbie Barnhardt, Owner Handi Quilter Retailer Certified Zentangle Teacher China Painting Artist

# Quilting For You

701.315.0053

2690 Hwy 25 Mandan, ND 58554



bobbie@quiltingforyou.net



www.quiltingforyou.net



(f) Quilting For You

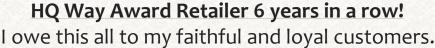


**HQ Way Award Retailer** 









This would not be possible if it wasn't for you and your support means so much to me. Thank you!



# Ye Olde Malt Shoppe & Eatery



72 N Main St. Garrison, ND

### 701.463.2322

### Open Daily

Breakfast, Lunch & Dinner 8 am - 8 pm



For Full Menu and Online Ordering visit us at: https://yeoldemaltshoppe.com/



Follow us at Ye Olde Malt Shoppe Daily Specials

ONLINE ORDERING \* WE DELIVER IN TOWN \* TO GO ORDERS \* DAILY SPECIALS \* WEEKEND SPECIALS

### **Weekend Specials**

\* Ribeye

\* 5-piece Shrimp \* Walleye

**Sunday Dinner Special** 

**Turkey** 







302 2nd ST. RIVERDALE, ND

THURSDAY 10-6 FRIDAY 10-6 SATURDAY 9-3

Changing Styles will be closed August 7<sup>th</sup> – 23<sup>rd</sup>



I ife isn't perfect but your hair can be

Follow us at **Changing Styles Hair Salon** 



Changing Styles Hair Salon





### **NORTH DAKOTA GAME & FISH**

### **Pronghorn Hunting Season Set, Apply Online**

North Dakota's 2023 pronghorn hunting season is set, with 420 licenses available in eight units.

Bruce Stillings, big game management supervisor for the North Dakota Game and Fish Department, said license numbers are down significantly from last year, when the department allocated 1,970 licenses in 17 units.

"A limited season with a very conservative harvest strategy will be held to provide hunter opportunity while encouraging population growth," Stillings said.

Hunting units 2A, 2B, 3A, 3B, 4A, 4C, 5A and 7A will be open in 2023. The remaining hunting units will be closed due to low population levels not able to support a harvest at this time.

The July aerial survey indicated the overall pronghorn population is down 40% from last year. The fawn-to-doe ratio of 43 fawns per 100 does was the second lowest on record since 1950. The buck-to-doe ratio of 30 bucks per 100 does remains stable and at population objective, Stillings said.

"Significant snowfall fell in early November and winter conditions persisted into April, putting extreme stress on pronghorn," he said. "Losses due to malnutrition were significant based on results from our aerial survey. Fawns and older adults are age classes impacted the most during extreme winter conditions."

Currently, Stillings mentioned, habitat conditions are excellent following above normal winter and summer moisture, which provides ample resources for pronghorn.

"Future population recovery will be dependent on upcoming winter conditions and fawning success in 2024," he added. "Pronghorn fawn production was the second lowest on record following one of the most extreme winters on record."

Each unit will once again have a season that is split into an early bow-only portion, and a later gun/bow season.

The bow-only portion of the season is Sept. 1 (noon) – Sept. 24. Anyone who draws a license can hunt pronghorn with a bow in the unit printed on the license.

From Oct. 6 (noon) – Oct. 22, hunters who still have a valid license can use legal firearms or archery equipment, and again must stay in the assigned unit.

Only North Dakota residents are eligible to apply for a pronghorn license. Hunters who have accumulated bonus points and choose not to apply this year will not lose their points but will not earn a point for next year. However, hunters who do not want a license in 2023 have the option to purchase a bonus point on the application.

Applicants can apply online at the Game and Fish Department website, <a href="https://.gf.nd.gov">https://.gf.nd.gov</a>.

The pronghorn license fee is \$30 for ages 16 and older, and \$10 for under age 16. Applicants for a pronghorn lottery license must be at least 12 years of age on or before Dec. 31. The application deadline is Aug. 9.

### **Swan Hunt Applications**

Hunters applying for a 2023 swan license can <u>submit an online application</u> through the North Dakota Game and Fish Department's website, <u>https://gf.nd.gov</u>.

North Dakota residents and nonresidents are eligible to apply. The resident swan license is \$10, while the nonresident fee is \$30. The deadline to apply is Aug. 16.

The statewide tundra swan hunting season opens Sept. 30. A total of 2,200 licenses are available. Successful applicants will receive a tag to take one swan during the season. Since swans are classified as waterfowl, nonresidents may hunt them only during the period their nonresident waterfowl license is valid.

All swan hunters, regardless of age, are required to have a general game and habitat license when applying. In addition, nonresidents must have a waterfowl license, and residents 16 and older need a small game or combination license.

### DAM BAR AND STEAKHOUSE

**CELEBRATING 25 YEARS** 

35 Main Rd E. Pick City, ND (701) 487-3331 THIS IS THE BEST DAM BAR BY A DAM SITE



The Dam Bar & Steakhouse

Established in 1947

The Dam Bar - Top 10 BEST Dive Bars in the state of North Dakota!

More of our Local Best. Congratulations to Little's & The Iron Oar as North Dakota's Top 10 Best Small-Town Bar & Grills with Little's coming in at #1! Great and fun things happening around Lake Sakakawea! Come join us!

### THE DAM BAR IS OPEN

Thursday – Saturday 3 pm – Close

### **STARTERS**

Combination Platter Deep Fried Pickles

Hot Wings Crispy Battered Mushrooms

Calamari

Chicken Nuggets

Jalapeno Poppers Cheddar Cheese Curds

Mozzarella Sticks Chicken Drummies

Onion Rings Chicken Gizzards

### **HAND CUT STEAKS**

Filet Mignon 8 oz.

New York Strip 10 oz.

Bacon Wrapped Sirloin 8 oz.

Ribeye 10 oz.

Beef Tenderloin 8 oz.

Sirloin 8 oz.

### **DINNERS**

Pork Chops 8 oz.

Hamburger Steak 10 oz.

Chicken Strips
Breaded Shrimp

Walleye 10 oz.

**Jumbo Steamed Shrimp (4)** 

Shrimp Skewers (3)

### **BURGERS & SANDWICHES**

Signature Burgers
Dam Burger
Dam Cheeseburger

Cheeseburger

Hamburger

Bacon Cheeseburger

BLT Fish Burger Seburge

Patty Melt Fleishkueckle Chicken Breast

(grilled or breaded)

### **GENEROUS SALADS**

<u>Chuckie</u> Salad-grilled or breaded chicken with the works

<u>House Salad-</u> bacon, olives, tomatoes, onion, cheese

Pick City Diamond Jubilee Saturday Aug 26<sup>th</sup>

Bands, inflatables, fish fry, Rocky Mountain Oyster fry & more! Stay tuned for details.

14" DAM BAR PIZZA Made From Scratch

Toppings include Canadian Bacon, Sausage, Pepperoni, Chicken, Green Peppers, Mushrooms, Olives, Onions, Sauerkraut





# Harbor Bar & Grill

701.442.3129

Hwy 83 & Frontage Rd., Coleharbor, ND

### HOURS

### **Tuesday-Saturdays:**

11:30 am - 11:00 pm

### Friday & Saturday:

4:00 pm starts Steak Night

### Thursday - Saturday:

Bar Open 'till 1am

### **Sundays:**

12 Noon - 10:00 pm

### Prime Rib Night

Wednesdays at 4pm - \$12 Regular Menu

### Steak & Seafood Night

Thursday – Saturday 4 – 9:30 pm

**Appetizers** 

Appetizers		
Drummies	Corkscrew Shrimp	
Gizzards	Pepper Jack Mac N Cheese Bites	
Calamari	French Fries	
Homemade Jalapeno Poppers	Cheeseballs	
Onion Rings	Tater Tots	
Chicken Strips	Wisconsin Cheese Curds	
Sidewinder Fries	Chicken Cordon Bleu Balls	

### **Entrees**

12 oz. Prime Rib Steak
12 oz. Ribeye Steak
Grilled Shrimp Skewers
Walleye
Calamari

Prime Rib Sandwich with Coleslaw & French Fries

French Dip	Fleischkuekla
Reuben	Patti Melt
Grilled Cheese	

Chicken Strip Basket w/ slaw and FF

Walleye Basket w/ slaw and FF

Corkscrew Shrimp w/ slaw and FF



### **Burgers**

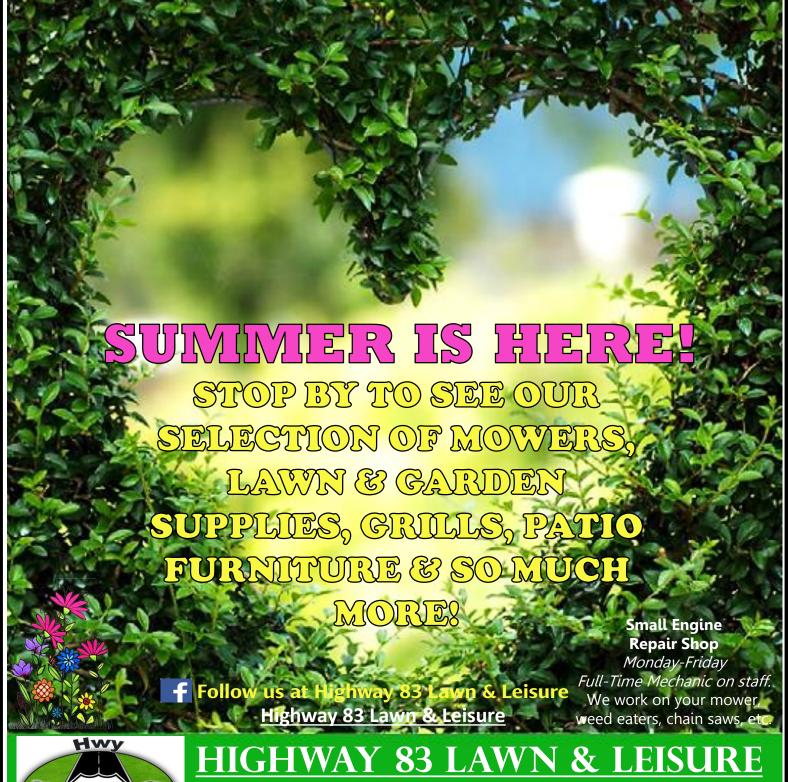
Classic Burgers-seasoned ½  Ib. beef patty	Double Bacon Cheeseburger
Hamburger	German Burger
Cheeseburger	Chipotle Burger
Double Cheeseburger	Bleu Cheeseburger
Bacon Cheeseburger	BBQ Swiss Burger

From a very small tavern to a well traveled steakhouse, many come from all directions. Our nice private dining room is perfect for family, anniversaries, birthdays, meetings & private getaways. Kid friendly until 10pm

Voted McLean County's Best Steak 2019, 2020, 2021

Well aged & specially seasoned Prime Rib, Ribeye, New York Steak (hand cut daily) & Seafood served Thursdays-Saturdays.

for updates and Daily Specials





### **SUMMER HOURS**

Monday – Thursday: 5:30 am – 5:00 pm Fri: 5:30 am – 6:00 pm Sat: 5:30 am – 5:00 pm Sun: 8:00 am – 2:00 pm 1619 Highway 83 NW , Garrison, ND *Your Lake's Area Mercantile* 

(701) 337-2500

Visit our website at: hwy83llt.com

View our E-Catalog:

eCatalog Center - Home (catalog-display.com)



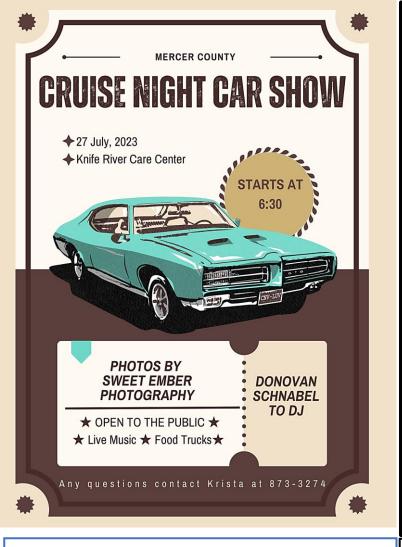


# SAKAKAWEA SUNSET LODGE

Call 701-654-7600

PONTOON BOATS	\$475
FISHING BOATS	\$300
KAYAKS	\$60
CANOE	\$60
PADDLE BOARDS	\$85

Full Day Rentals 9AM to 6PM
We fuel boats. Life jackets provided.



### Hazen Chamber of Commerce Presents Community Pitchfork Fondue

August 15th, 2023
Hazen Golf Club
5:30-Social
6:00-Dinner
\$25.00 advanced tickets
\$30.00 at the door
\$5.00 hotdog meal



Come join us for a fun evening! Your choice of a pitchfork fondue steak or grill your own, baked potato, coleslaw, garlic toast,and dessert

Cash Bar will be available, including sodas. Tickets available at the Hazen City Hall and Chamber of Commerce Office (701)748-6848 hazenchamber@westriv.com



# The Construction of the Garrison Dam

A Big Job - Allis Chalmer film

A Big Job - Allis Chalmers film - YouTube

The history & construction of not only the Garrison Dam but the communities which evolved because of it, is a special part of this area's history.

This 19-minute Allis Chalmer film is a treasure. Click the active link above to watch the live broadcast.

(online version of The Dam News).

### **USACE GARRISON DAM**

**Current Elevation (7.26.23)** 

1842.51 ft.

<u>U.S. Army Corps of Engineers: Missouri River</u>
<u>Basin, Water Management Division</u>

Riverdale-Pick City Ambulance &

Riverdale Fire Department



Meetings



Riverdale-Pick City Ambulance Business Board Meeting-(Quarterly) Second Wednesday of the Month @ 6pm

Riverdale-Pick City Ambulance Training
MeetingThird Wednesday of the Month

Third Wednesday of the Month

Riverdale Fire Department Business Meeting-Third Tuesday of the Month

Riverdale Fire Department Training Meeting-Third Tuesday of the Month

"ALL MEETINGS ARE AT THE AMBULANCE BAY"

### **Shelly Kuntz**

EFNEP Assistant, NDSU Burleigh-Morton

NORTH DAKOTA STATE UNIVERSITY

701.667.3342

# NDSU NORTH DAKOTA STATE UNIVERSITY

NDSU Extension – Morton County 211 Collins Ave ; Mandan, ND 58554 www.ndsu.edu

### **Use Your Garden 10 Ways and in 30 Minutes**

July 2023

A garden brings new life, growth, is good for the soul, and is good for health. Your garden has started to produce fresh goods and will continue through fall. This is the time to enjoy the benefits of your hard work and now, put your harvest to work for you!

Here are ten ways you can use your garden produce as you progress through the season.

- 1. Try a new recipe using garden produce.
- 2. Preserve Your Produce.
- 3. Vacuum Seal and Freeze.

4.

- 5. Make veggie-filled goodie bags and give them to your friends. Include a card with your favorite recipe for cooking inspiration.
- 6. Donate to a local food pantry.
- 7. Start a produce stand in your front yard. Let your kids take charge.
- 8. Start a crop-swap site with neighbors. Bring one, take one.
- 9. Cook a fresh garden dish for a family in need.
- 10. Deliver a box of garden goods to your local fire, police station, or at one of your local hospitals at a nurse station.
- 11. Compost it.

Tired of your same old recipes? Here are a few fresh garden recipes from NDSU Extension that are fast, easy and can be made in less than 30 minutes.

### **Blazin' Stuffed Peppers**

4 medium bell peppers, any color

½ medium onion, chopped

2 cups corn (fresh or frozen) 2 small tomatoes, chopped

2 (15.5 ounces) cans black beans, drained and rinsed

2 teaspoons olive oil

1 teaspoon cumin

½ teaspoon cayenne pepper

1 garlic clove, minced

2 teaspoon cilantro, finely chopped

1 cup shredded cheddar cheese (try Pepper Jack for

more spice)

Rinse peppers and cut in half lengthwise; remove seeds. Place peppers in a large pot and cover with water. Bring to a boil, reduce the heat, cover and simmer for five minutes; drain. Set pepper halves on greased baking sheet. Preheat oven to 350 F. In a small skillet, sauté the chopped onion until tender.

Mix together onions, tomatoes, corn and black beans in a medium-sized bowl. In a small bowl, combine oil and seasonings; add to vegetable mixture and mix thoroughly. Fill pepper halves with mixture and top with cheese. Bake for eight to 10 minutes or until cheese is melted.

### **FRESH SALSA!**

1-2 garlic cloves, finely chopped

1/3 large onion, finely chopped

½ large green bell pepper, finely chopped

½ to 1 whole jalapeno pepper, finely chopped 3-4 large Roma (paste) tomatoes, chopped 1 small bunch of cilantro leaves, finely chopped Juice from ¼ lemon

Mix ingredients together and serve, altering the recipe to suit your own taste preferences. Store covered in the refrigerator. To keep calorie and fat content low, serve with baked tortilla chips.

(Note: Best to eat fresh. This salsa recipe has not been tested for safety for canning/processing purposes.)

For additional fresh garden recipes, search <a href="https://www.ndsu.edu/agriculture/extension/recipes">https://www.ndsu.edu/agriculture/extension/recipes</a> .

Enjoy these summer days and remember "The cultivation and produce of a good garden are the life and health of a family". – The Gardner's Manual 1835

### **The Dam News**

Published every Wednesday

Ava's Light, LLC Brenda Beran, Founder Publisher & Managing Editor 605.660.0104

Deadline for submitting advertisements & updates must be received by Noon on Mondays unless otherwise indicated.

### Email to:

thedamnewseditor@gmail.com
All personal ads must be prepaid.

For billing & payments, please mail to:
Ava's Light, LLC
PO Box 736
Riverdale, ND 58565

### **Ad Rates**

Business Ads
Business Card Size (2"x3") \$5/week

1/4 page \$7/week

1/2 page \$10/week

Full page (8 1/2 x 11) \$15/week

Personal Ads
Business Card Size (2"x3") \$4/week

1/4 page \$5/week

1/2 page \$7/week

Full page (8 1/2 x 11) \$12/week

In honor of a beautiful girl, my daughter,
Ava's Light is born. Through this mission
of supporting local businesses &
organizations in all our communities by
helping to promote them with creativity &
inspiration, her legacy lives on, one
assignment at a time.

\* Do X X COX CXC

### The Dam News

My story

When I moved to this area a few years ago from out of state, I realized that all things revolve around beautiful Lake Sakakawea. The communities wouldn't be here if it wasn't for the Dam and because of the incredible history in this area, The Dam News will celebrate all communities and those within that make this so special. ~Brenda

### All the ways to find The Dam News

Group Facebook Page
The Dam News

The Dam News | Facebook

Scan the QR Code below to also find us on Facebook



Pick City city website <a href="https://www.pickcitynd.com">https://www.pickcitynd.com</a>

# A printed copy available at the following locations:

### Riverdale

Iron Oar, Changing Styles Salon, Knights Bar & Grill, Reel Convenience & Spillway Coffee House

### Pick City

Scott's Bait & Tackle, Teresa's Grocery, Little's Bar & Grill & The Dam Bar & Steakhouse

#### Underwood

Soda's & Things, Bravera Bank, Cottingham Insurance & Grimsley's

### Garrison

Garrison CVB, Flowers-N-Things, Garrison Insurance, S & J Hardware, Chase Pharmacy & Ye Olde Malt Shoppe

### Washburn

Dakota Farms Family Restaurant, K Nails & Spa, NDSU Extension Office, Frontier Floral

> Max, Washburn & Wilton Cenex

Harbor Bar, Totten Trail, Hwy 83 Lawn & Leisure, Turtle Lake Grocery Store and more locations in the near future.

### Rena Rustad

your independent Norwex consultant (701) 898-4500 call or text

All You Need To Clean...





S<sub>amples</sub> too!



www.RenaRustad.norwex.biz f Simply Clean VIP Group



# Chase Pharmacy, Inc.

(701) 463 - 2242(800) 404-2243

21 N. Main Street Garrison, ND 58540



#### INDEPENDENT CONSULTANT

Serina Eisenbraun



Facebook - Serina's Tote-ally Awesome Bags Serina's Tote-ally Awesome Bags | Facebook

**Phone** – 701-527-3580

Independent Sales Consultant for Thirty-One Gifts, LLC who is solely responsible for its content. Thirty-One Gifts, LLC does not endorse and is not responsible for the content of this marketing material.



### Stephanie Pfeifer

Certified Consultant 701-891-9358 \* Call/Text

Check out my website for new products. New buddy coming & BBMB bars are available now.

https://stephpfeifer4.scentsy.us f) It's a fragrance-ful life | Steph Pfeifer | Scentsy

Julys warmer is Prismatic & scent of the month Tahitian Twilight a gentle wave of coastal waters, passionflower, pineapple & white woods. Bring Back My Bar voting July 5-7th



### OPEN 7 DAYS

A WEEK Dine in or Take out 701.654.9540

spillwaycoffee@gmail.com

Join us for Coffee, Breakfast or Lunch



**Independent Pampered** 

Chef Consultant 701-351-1380

slelm@bis.midco.net

www.pamperedchef.com/pws/slelm





# Chuck's Custom Rods

Chuck DeRemer 701-361-8910

Pick City & Fargo

deremerchuck@gmail.com

Quality fishing rods built one at a time by a professional fisherman for the fisherman



# COTTINGHAM INSURANCE Trusted Since 1990

BISMARCK 701.323.9419

UNDERWOOD 701.442.3473

cottinghaminsurance.com (f) Cottingham Insurance Agency DDC Inc



INDEPENDENT CONSULTANT

Follow Us on facebook.com/TheLittleBarAndGrill

NIGHTLY SPECIALS + FRI & SAT NIGHT ONLY: LITTLE'S FAMOUS PRIME RIB DINNERS & HOMEMADE PASTA DISHES

Kitchen Hours: Mon-Wed 4-9pm / Thu- Sat 4-10pm / Sun 12-8pm Bar Hours: Mon-Thu 4-11pm / Fri-Sat 4pm - 1am / Sun 12-10pm

### Flowers-N-Things

Flowers Whisper What Words Can Never Sau

31 N Main St

Garrison, North Dakota 58540

Office: 701-463-2003 Fax: 701-463-2008

flowersnthings@restel.com Cindy Fennewald www.garrisonfloral.com

