



The Dam News

May 3, 2023, Vol. 18

MAY HOLIDAYS AND HISTORY

[National Day Calendar](#)

May is the fifth month of the year in the Gregorian and its predecessor, the Julian calendar. Named after the Greek goddess, Maia who is also identified Bona Dea (the Roman goddess of fertility), May is the time of spring in the Northern Hemisphere. In the Southern Hemisphere, May is a season of Autumn. Originally the third month of the year, May later moved to the fifth month when January and February were added to the calendar. It contains 31 days.

Weather & Seasons

The fifth month is also the last month of Spring. Some Native American tribes called the May full moon The Full Flower Moon, The Corn Planting Moon or the Milk Moon.

Those born in may fall under either the Earth sign Taurus (the bull) or Gemini (the twins). Their birthstone is the beautiful emerald which comes in shades of green. The flower for May is the Lily of the Valley which represents purity, motherhood, humility, chastity and sweetness.

May is also full of myths and superstitions, like these:

- To maintain a youthful appearance and enhance your beauty, wash your face in the dew you collect on the morning of the first of May.
- Marry in May, you'll rue the day. It is considered very bad luck to get married in May; perhaps because it is considered by some to be the wedding month of the God and Goddess and it would be very rude to upstage them.
- Wash a blanket in May, you'll wash a dear one away. It is bad luck to wash your blankets in May or to buy a new broom.
- According to one superstition, children born this month will be sickly all their lives and cats born this month won't catch mice, but might bring snakes into the house.

Good weather in May is not necessarily a good thing.

A wet May brings a big load of hay.

A cold May is kindly and fills the barn finely.

Mist in May and heat in June makes harvest come right soon.

What's Your Sign?

Those born in may fall under either the Earth sign Taurus (the bull) or Gemini (the twins). Their birthstone is the beautiful emerald which comes in shades of green. The flower for May is the Lily of the Valley which represents purity, motherhood, humility, chastity, and sweetness.

Fast Facts

1. The name May is derived from Maia. She happens to be a Greek Goddess, the Goddess of fertility, Spring and growth.
2. People who are born in May are more likely to achieve higher success and more love in their life. Even though it's mostly a relative fact, May people have a better grasp on these elements of life than people born in other months. The birthstone for May is Emerald.
3. The Anglo Saxon word for May was "Tri-Milchi" meaning 3 milks because the grass had become so lush and green that you could milk the cows three times a day!
4. In 1644, England banned Maypoles. These are poles usually made of wood and long enough to stand as a celebration prop for European festivals. Maypole dances are held in May, usually on May Day. However, some European countries celebrate May Day in mid-summer as well. Even after such restriction, people used to put up maypoles to celebrate their May festivals. One such maypole, which was 123 feet long, was put up in London; this was done to observe Charles II's return. However, this maypole was later used by Isaac Newton to support his telescope.

DAM BAR AND STEAKHOUSE

35 Main Rd E
Pick City, ND
(701) 487-3331



 [The Dam Bar & Steakhouse](#)

Established in 1947

The Dam Bar - Top 10 BEST Dive Bars in the state of North Dakota!
More of our Local Best. Congratulations to Little's & The Iron Oar as North Dakota's Top 10 Best Small-Town Bar & Grills with Little's coming in at #1! Great and fun things happening around Lake Sakakawea! Come join us!

THE DAM BAR IS OPEN



Thursday – Saturday
3 pm - Close



STARTERS

Combination Platter
Deep Fried Pickles
Hot Wings
Crispy Battered Mushrooms
Calamari
Chicken Nuggets

Jalapeno Poppers
Cheddar Cheese Curds
Mozzarella Sticks
Chicken Drumsticks
Onion Rings
Chicken Gizzards

HAND CUT STEAKS

Filet Mignon 8 oz.
New York Strip 10 oz.
Bacon Wrapped Sirloin 8 oz.

Ribeye 10 oz.
Beef Tenderloin 8 oz.
Sirloin 8 oz.

DINNERS

Pork Chops 8 oz.
Hamburger Steak 10 oz.
Chicken Strips
Breaded Shrimp

Walleye 10 oz.
Jumbo Steamed Shrimp (4)
Shrimp Skewers (3)

BURGERS & SANDWICHES

Signature Burgers

Dam Burger
Dam Cheeseburger

Cheeseburger	BBQ Pork
Hamburger	Patty Melt
Bacon Cheeseburger	Fleishkueckle
BLT	Chicken Breast
Fish Burger	(grilled or breaded)

GENEROUS SALADS

Chuckie Salad-grilled or breaded chicken with the works
House Salad-bacon, olives, tomatoes, onion, cheese

WEEKEND SPECIAL

Ribeye

With baked potato
and salad

14" DAM BAR PIZZA Made From Scratch

Toppings include Canadian Bacon, Sausage,
Pepperoni, Chicken, Green Peppers,
Mushrooms, Olives, Onions, Sauerkraut

THE DAM
BAR

CELEBRATING
25 YEARS

THE DAM BAR

INVITES YOU TO

KENTUCKY DERBY 149



COME ENJOY THE 15TH ANNUAL
KENTUCKY DERBY AT THE DAM BAR.

Mint Juleps, Bourbon Meatballs,
Little Smokies, Pimento Dip, Deviled Eggs
& Buffalo Dip will be served.

MAY 6TH



2:00 PM

*Winner of Best Costume for Men & Women will get a Bottle
of Woodford Reserve commemorating the
50th Anniversary of Secretariats win in 1973.*

Come early & enjoy the day!

**BOTTOMLESS MINT JULEPS WITH PURCHASE OF
DERBY GLASS.**



SPRING HAS SPRUNG!

STOP BY TO SEE OUR
SELECTION OF MOWERS,
LAWN & GARDEN
SUPPLIES, GRILLS, PATIO
FURNITURE & SO MUCH
MORE!



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[Highway 83 Lawn & Leisure](#)

Small Engine
Repair Shop

Monday-Friday

Full-Time Mechanic on staff.

We work on your mower,
weed eaters, chain saws, etc.



HIGHWAY 83 LAWN & LEISURE

1619 Highway 83 NW , Garrison, ND

Your Lake's Area Mercantile

(701) 337-2500

HOURS

Monday – Thursday:

6:30 am – 5:00 pm

Fri: 6:30 am – 6:00 pm

Sat: 6:30 am – 5:00 pm

Sun: 8:00 am – 2:00 pm

Visit our website at:

hwy83llt.com

View our E-Catalog:

[eCatalog Center - Home \(catalog-display.com\)](http://eCatalog Center - Home (catalog-display.com))



A - MAY - ZING!

CELEBRATING CINCO DE MAYO (5/5) & MOTHER'S DAY (5/14)

Little's Famous MOTHER'S DAY BUFFET IS BACK!

Sunday, May 14 – Starts @ 11am

- Buffet includes: Assorted Meats, Sides, Salads, Desserts & More!
- Mimosas & Blood Mary Bar

15TH ANNUAL TAILRACE FISHING TOURNEY

SATURDAY, JUNE 3

Contact Lee at 701.870.1429 for details
& registration forms!

CINCO DE MAYO CELEBRATION

Friday, May 5

Mexican-inspired food
& drink specials

NIGHTLY SPECIALS

MON: Specialty Burger & Fries

TUE: Steak Sandwich, Au Jus & Fries \$15

WED: Wings & Fries Basket \$12

THU: 10oz Ribeye Dinner \$25

FRI: Bacon Wrapped Tenderloin Dinner \$22

SAT: Surf & Turf Dinner \$24

SUN: Cooks Special

FRIDAY & SATURDAY NIGHT ONLY

*Little's Famous Prime Rib Dinners



KITCHEN HOURS: Mon-Wed 4-9pm

Thu-Sat 4-10pm | Sunday 12-8pm

BAR HOURS: Mon-Thu 4-11pm

Fri-Sat 4pm - 1am | Sunday 12-10pm



Rick Holm Firearm Auction



Tuesday, May 16 @ 5:30 p.m.

Wilton Memorial Hall – 105 Dakota Ave, Wilton, ND 58579

Firearms

1. **Savage** Model 16 22-250 Stainless Steel G949393
2. **Remington** 710 270 71349967
3. **Remington** 710 300 Win Mag 7131105
4. **Western Field** 550 E .410 3"
5. **Remington** 870 Express Mag 3" 12 ga B337199M
6. **Ruger** MKII 77 .204 79120879
7. **Browning** BPS Fieldmodel 22 3" 12 ga 02401ZM122
8. **Winchester** 97 12 ga
9. **Ruger** American 300 blackout 69918871
10. **Marlin** BP MLS50
11. **Henry** 22 Carbine (youth model) 22 Y005493H (New)
12. **Browning** BLR SS 270 Short Mag 04941ZY341
13. **Henry** 17 HMR V00GS3GA
14. **Henry** Golden Boy 22 GB181916
15. **Savage** 99C Series A 243 C446555
16. **Puma** 92 454 Casull rifle MA017911
17. **Henry** H018-410 Lever action 2 1/2" FTL01496
18. **Winchester** Centennial 66 30-30 saddle ring 72880
19. **Browning** 71 .348 Engraved Silver and Gold 00440-PRGC7
20. **Marlin** 336W 30-30 92009G27
21. **Winchester** (Chaparral) 1873 357 Octagon 24" rifle Y731476
22. **Marlin** 1895CB 45-70 Octagon 95202233
23. **Winchester** 94AE 30-30 Ducks Unlimited DU864416
24. **Henry** 410 HO18-410R 2 1/2" FTLR06018
25. **H&R** Single shot 12 ga A45172
26. **Henry** 22 Boy Scouts of America Eagle Scout ES03641
27. **Henry** 45 colt Mare's leg BBMC03508C
28. **Taurus** Circuit Judge 45/410 rifle DX4386
29. **Browning** BL22 03039MV242
30. **Puma** 92 357 Carbine K260497
31. **Winchester** 9410 410 2 1/2" SG11333
32. **Henry** 327/32 H&R John Wayne Loop tube feed BBS00282MR327
33. **Henry** 22 Five Military Branches MSO2033 (New)
34. **Browning** BL22 Engraved 04289ZZ242 (New)
35. **Henry** Golden Boy 22 GB224594 (New)
36. **Tikka** T3 30-06 w/ Leupold VX-II 3-9x40 483070
37. **Winchester** Model 90 .22 Octagon barrel pump tube feed 591496A.
38. Sporterized **Japan military** rifle unsure caliber
39. **Coast to Coast** 267H 12 ga 3"
40. **New England Arms** 20 Ga Single Shot 3"
41. **Glenfield** Model 25 .22 no clip 71398581
42. Sporterized **Mauser** 98 30-06 (needs work)

Safe/Ammo

Liberty Fatboy Safe – Mechanical lock – very nice
Various boxes of factory ammo

Riding tractors/tools

Cub Cadet Series 2500 riding tractor with 30" RearTine
Garden Tiller – 588 hrs - (No mower deck)
Cub Cadet LTX 1046 KW with mower deck
Miscellaneous hand tools



Auctioneer's Note: This is a very nice collection of firearms, with the majority being lever rifles, many new and unfired. All state and federal laws will be followed. Must have a valid ID to obtain a bidder number. Payments accepted are cash or good check. Lunch will be available.



Neumiller Auctioneers LLC

Auctioneers: Cory Neumiller, Lic. #2069; Joel Neumiller, Lic. #2070
Neumiller Auctioneers LLC, Clerking Lic. #2071

Go to Neumillerauctions.com for photos
Cory Neumiller 701-460-7942 Joel Neumiller 701-220-0983



Ye Olde Malt Shoppe & Eatery



72 N Main St.
Garrison, ND

701.463.2322

Open Daily

Breakfast, Lunch & Dinner

8 am – 8 pm



For Full Menu and Online Ordering visit us at: <https://yeoldemaltshoppe.com/>



Follow us at [Ye Olde Malt Shoppe](#) Daily Specials

ONLINE ORDERING * WE DELIVER IN TOWN * TO GO ORDERS * DAILY SPECIALS * WEEKEND SPECIALS

Weekend Specials

* Ribeye * 5-piece Shrimp * Walleye



Sunday Dinner Special

Turkey



Changing Styles

701.898.8954

302 2nd ST. RIVERDALE, ND

HOURS

THURSDAY 10-6

FRIDAY 10-6

SATURDAY 9-3

All Nutrient Organic Hair Care Line exclusive at Changing Styles. Healthy Haircare Products that provide your hair with the nutrients it needs & none of the chemicals it doesn't.



Follow us at **Changing Styles Hair Salon**



[Changing Styles Hair Salon](#)

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ORGANIC HAIR CARE



MOMMA'S MAGIC

K I T C H E N

Riverdale

May 8

May 22

June 5

June 19

12 Noon - 5 pm

Coffee House on
2nd Street

(next to the Post Office)

Garrison

May 13

10 am - 4 pm

Flowers-N-Things

31 N Main Street



Cookies, Breads, Pies & More! Call ahead for your special- order items.

701.333.8848

We are a cottage-baked goodies bakery offering a wide selection of sugar-free, keto, and gluten-free options.

Veterans, Military, First Responders 10% off any purchase!

 Follow us at [Momma's Magic Kitchen](#)  [Momma's Magic Kitchen | \(mommasmagickitchen.net\)](#)

Flowers-N-Things

311 N Main St. Garrison, ND

701-463-2003

www.garrisonfloral.com

Garden Patio Planters
Mixed Bouquets
Roses
Balloons &
Gifts for Mom

In celebration of Mothers Day,
stop by on Saturday,
May 13th from 9-4.
Momma's Magic Kitchen will
be at Flowers-N-Things bringing
homemade baked goods for
purchase.

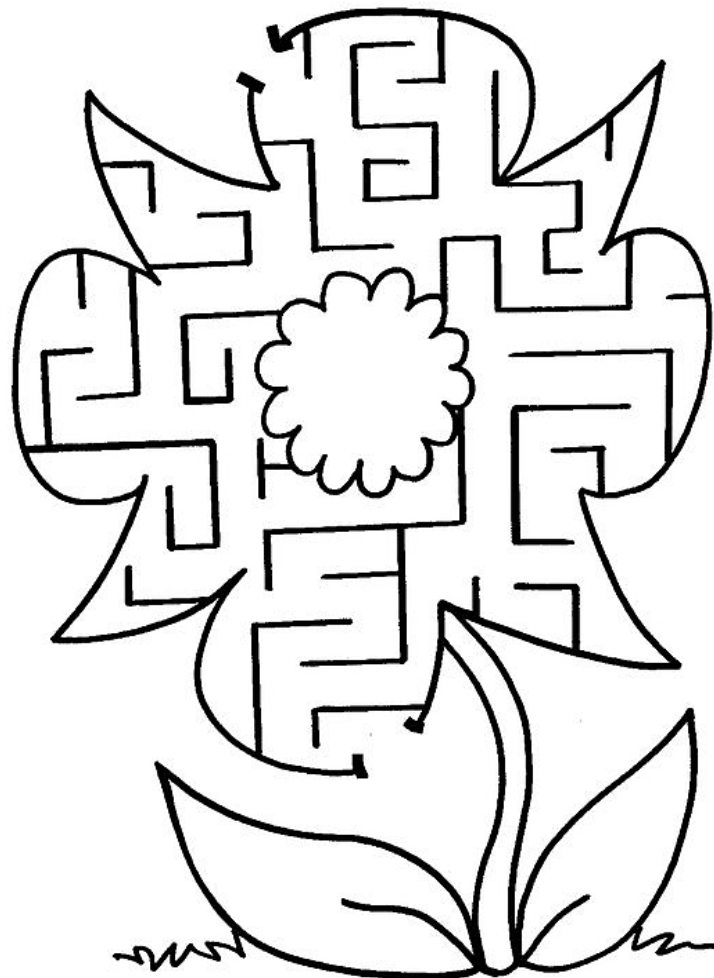
HOURS

Tues-Fri 9-4 Saturdays 9-1

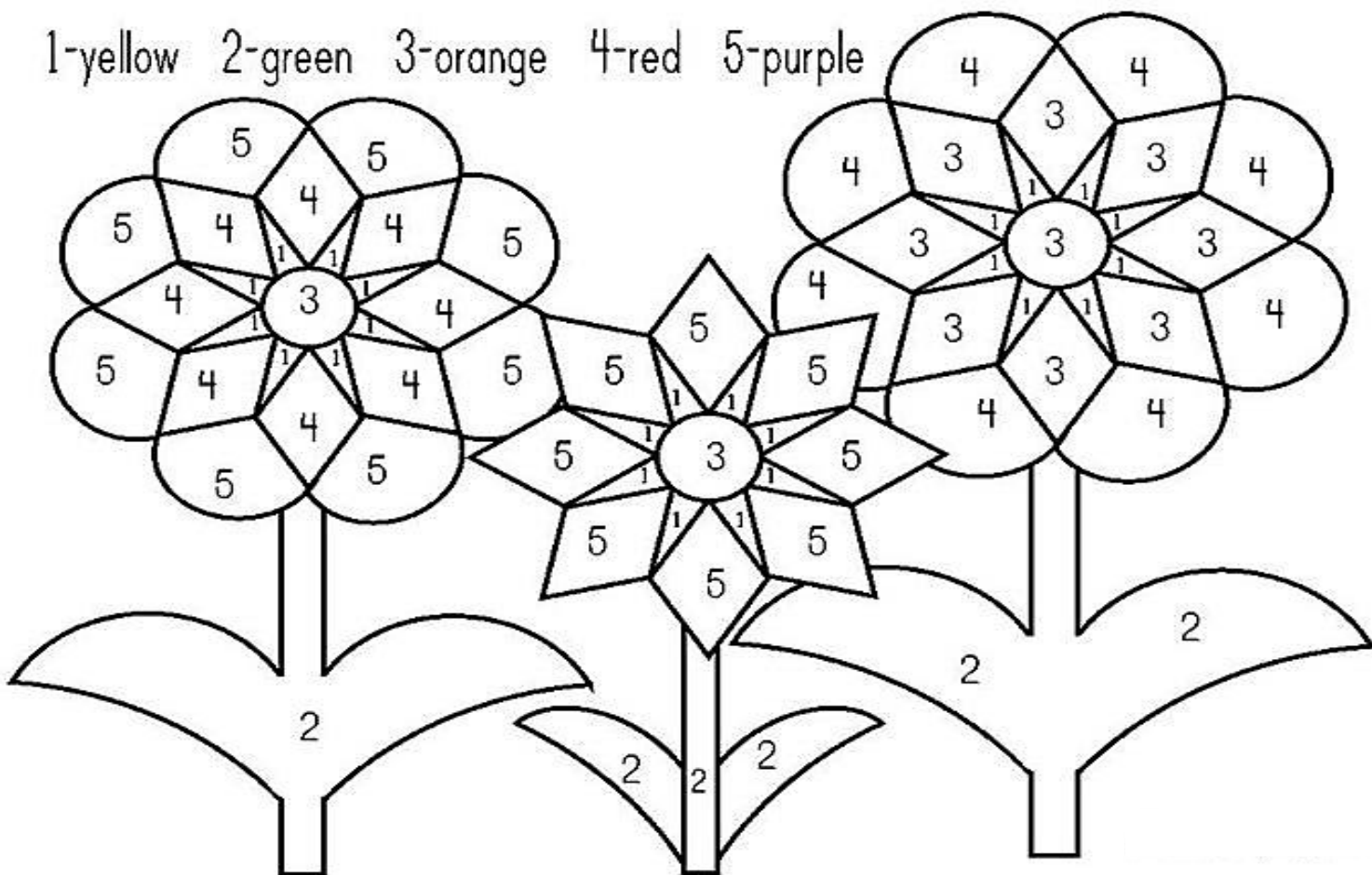
Saturday, May 13th we will be open from 9-4

Flowers Whisper What Words Can Never Say

Cindy Fennewald, Owner



1-yellow 2-green 3-orange 4-red 5-purple





Kimi Fischer, Owner
(701) 891-1709

Email: kimisfoodservices@gmail.com
 Online: www.kimisfoodservices.weebly.com

Events & Catering

Food Truck - Cafeteria

Email: kimisfoodservices@gmail.com
 Online: www.kimisfoodservices.weebly.com

701.891.1709

Homemade Goodness to Go!

Custom Per-Person Catering

Pricing Available-Just Ask!

Saturday, May 13 from 5-8 PM

Cottonwood Park, Bismarck, ND

Kimi's is proud to announce to be an official vendor at the Mac & Cheese festival Bismarck Cottonwood Park Saturday, May 13 from 5-8 PM. Please come support me and my crew as we compete for the Championship Mac & Cheese of ND

The battle to secure the Golden Ticket for the World Food Championships at the first-ever Mac & Cheese Festival in Bismarck presented by Dakota Community Bank & Trust is heating up! Will Kimi's experience with pasta help her take home the crown? Be there on May 13th at Cottonwood Park to have your voice heard about who has the best mac and cheese in North Dakota! Get your tickets now at bit.ly/macfesttickets

Here are the 11 dishes our local vendors will be serving up

The list is complete. All 11 vendors announced and are ready to make their BEST mac and cheese creations

Event MENU & VENDORS

<p>Kimi's <i>Kimi's Applewood Smoked Bacon Gouda Mac & Cheese</i></p> <p>Blarney Stone <i>Hickory Smoked Bacon Mac & Cheese</i></p> <p>Say Cheese Mac & Melt <i>Pork Belly Mac</i></p> <p>Amici Pizza Company <i>Quattro Formaggio Mac</i></p>	<p>Laughing Sun <i>Pepper Bacon & Brisket Mac</i></p> <p>Stage Stop <i>Pepper Jack & Gouda Queso Mac</i></p> <p>Hensley's Tasty Truck <i>Call Mac N' Cheese</i></p> <p>Broadway Grill <i>The Broadway Classic Mac</i></p>	<p>Presented By Dakota COMMUNITY BANK & TRUST</p> <p>Blue Bird <i>Mac-N-Swine</i></p> <p>Udderly Amazing <i>The Cheese Udder</i></p> <p>Stonehome <i>Sweet Gouda Crunch</i></p>
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Official VENDOR LIST

LAUGHING SUN BREWING	BLUE BIRD GRILLE	STONEHOME BREWING CO.	BLARNEY STONE
HENSELY'S TASTY TRUCK	KIMI'S FOOD TRUCK	UDDERLY AMAZING	STAGE STOP SALOON
AMICI PIZZA COMPANY	BROADWAY GRILL	SAY CHEESE! MAC & MELT	

Follow us! [Kimi's](http://www.kimisfoodservices.com) "Kimisfoodservices" for Daily Specials and Events



The Happy Glamper

Traveling Camp and Cabin Boutique

701.426.2311



The Happy Glamper Is Back on the Road!

Camp and Cabin Boutique in a Vintage 1955 Travel Trailer

Adult and Kids' Clothes--Shoes--Accessories--Toys and Games--Decor--Kitchenware
Something new at every stop!

Saturday, May 6th-- Garrison Spring Fling Vendor Show, City Auditorium 9:00 - 3:00

Saturday, May 13th-- Little's Bar and Grill, Pick City 4:00 - 9:00

Wednesday, May 17th-- Washburn Wacky Wednesday, Krause's parking lot 5:00 - 7:00

Saturday, May 20th-- 28 Valley Road SW, Pick City (southwest of The Dam Bar) 1:00 - 6:00

Saturday and Sunday, May 27th and 28th-- Reel Convenience, Riverdale 10:00 - 6:00

Friday and Saturday, June 2nd and 3rd-- The Dam Bar and Steakhouse, Pick City 3:00 - 9:00

Saturday, June 10th-- Hazen Sizzlin' Summer Flea Market, Hazen Heritage Park 11:00 - 5:00

Friday, June 16th-- McLean County Fair, Underwood 1:00 - 9:00

Saturday, June 17th-- Nickypoo's Lodge Grand Opening, 1 mile west and 1/2 mile south of Pick City, Glamper open 4:00 - 9:00, food available, live music by the Undiscovered All-Star Band starting at 8:00

Saturday, June 24th-- Underwood Mid-Summer Classic Car Show 10:00 - 5:00

Friday and Saturday, June 30th and July 1st-- Totten Trail Bar and Grill 11:00 - 6:00

Browse online at www.happyglampernd.com & follow on Facebook [Happy Glampers ND](https://www.facebook.com/HappyGlampersND)

KENTUCKY DERBY



Word Search

X N T Q I G G I I U K O A F Z U I N
K R T H C G G R K X L Q I U C W F O
U J U O O H S T A L L I O N O F F M
M S S P M R J Q G N F P E B X G U I
W R G T U F O H V C D R M X N K R N
I T L T E R A U L Q O S E W G T L A
D H Y F H W S R G Z R L T I B E O T
T U R F O T A E R H E O T A N A N I
O K E V D L Q R Z I B R Z U N S G O
R V H A L T E R D V E R Z B K D W N
U U F I L L Y S D S G R E C V P H X
W D J O C K E Y Q N J A H D D E Q K

COLT	HALTER	STALLION
FARRIER	JOCKEY	STEWARD
FILLY	NOMINATION	THOROUGHBRED
FURLONG	PURSE	TURF
GRANDSTAND	REINS	



Wacky
Wednesday

Craft Market

Krauses Washburn

Every Wednesday

5 pm til 7 pm

For more information call or text

Kathy @ 471-6422 or

Becky @ 415-5710

Starting
May 17th, 2023

Grilling
by Kris

COFFEE LOVERS
WEDNESDAYS

BUY 1 COFFEE
GET 1 COFFEE 1/2
OFF



COFFEE!

DAKOTA FARMS
1317 BORDER LN
WASHBURN
701-462-8175

VALID WEDNESDAYS ONLY
NO OTHER DISCOUNTS APPLY
OPEN 7AM TO 4PM DAILY

Teresa's Grocery



10 Main Road East, Pick City ND

Open Daily- 9 a.m.-6 p.m.

Phone- 487-3000

We carry Groceries, Gift Items, ND Souvenir's,
Clothing, Cell Phone Accessories,
Blankets, Toys,
Everyday Essentials,
Greeting Cards
& More!

Scott's



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71 Main Road East

Pick City, ND

Phone- 487-3343

Open 7 days a week

Convenience Store, Gas &
Propane, Bait & Tackle, ATM
Machine

Get your boat ready for Fishing Season!





701.852.6474

www.newdawnnd.com

Hours:

Mon – Thurs: 9 am – 5 pm

Friday: 9 am – 1 pm

Hours May Vary

Online Booking available

1412 2nd Ave SW, Suite C

Minot, ND 58701

Dr. Shelby Sortino, DC, L.Ac.

DID YOU KNOW ...

that acupuncture can help with IT Band Pain?

Most people think chiropractic is best for neck or back pain but chiropractic can be helpful for tendons and ligaments around the joint too! Chiropractic can help with structural mobility of the joint as well as helping with muscle/tendon and ligament imbalance. But did you know acupuncture can also help?!?

Acupuncture, if viewed in a scientific way, is when the needles create small “cuts” in the body making the body think it is injured. The body then sends extra blood flow to the area and other healing hormones and proteins to help heal the area where the needles were. The extra blood can help with decreasing inflammation in that area. Acupuncture is also good for circulation which can also help with inflammation and making sure everything is flowing and getting the right nutrients it needs.

Locally, acupuncture can use certain points near the site of the IT Band to help. But did you know, you can also use acupuncture points in the head, ears, arms, legs, and feet to help with IT Band pain too! Interested in what else chiropractic and acupuncture can help with? Give the clinic a call and ask!



[New Dawn Chiropractic & Acupuncture | Minot ND | Facebook](#) & Instagram

WORSHIP SCHEDULE



Riverdale Community Church
8:30 am (Riverdale, ND)

St. Bonaventure Catholic Church
Underwood
Sunday 8:30 am

St. Catherine’s Catholic Church
Turtle Lake

Saturday 5:00 pm

St. Edwin Catholic Church
Washburn

Sunday 10:30 am

St. John’s Lutheran Church (LCMS)
9:00 am (Underwood)

St. Paul’s Lutheran Church (ELCA)
11:00 am (Riverdale, ND)

Trinity Lutheran Church (LCMS)
11:00 am (2 mi W & 2 mi S of Pick City)

St. Paul Lutheran Church (ELCA)
10:30 am (from Pick City: 2 mi W, 6 mi S & ¼ mi E off of Hwy 200)

BURLINGTON
COMMUNITY HOUSING

is now accepting applications for an immediate opening in Burlington for our

1 Bedroom Apartments

Must be 62 & older or disabled, regardless of age. Rental assistance and utility allowance is available.

Free laundry facility and community center are on site. Accessible interviewing will be made available. This institution is an equal opportunity provider and employer.

Call Karen at (701) 852-5389
for an Application.

TDD 1-800-366-6888.

“Equal Housing Opportunity”



ESPRESSO | FOOD | GAMES | GIFTS

**Cold Brew, Lattes
Boba and More. Yum!
New spring flavors
now available.**



Hours: Tuesday-Friday 8am-5pm.

Saturday 9am-3pm. www.javaslair.com

718 Main Ave Washburn, ND



**NOW BOOKING
FOR SPRING AND SUMMER:
GLUTEN-FREE FOOD TRAILER**

North Dakota's dedicated gluten-free food trailer. Come enjoy gluten-free comfort foods and delicious drinks.



Community Cupboard
of Underwood

"Our mission is to use all resources to eliminate hunger throughout McLean County"

THRIFT STORE MAY DATES:

Saturday May 13th : 10am-1pm

Tuesday May 23rd : 1pm-5pm

Open to the public

Location: 208 Lincoln Ave Underwood, ND

HIGH NEEDED ITEMS

- ❖ Chunky Soups
- ❖ Chips
- ❖ Pudding packs
- ❖ Crackers
- ❖ Jell-O
- ❖ Cereal

Donations for all items and proceeds, go to the food pantry. We are accepting kitchen and small household items, spring, and summer clothing, clean and ready to hang.

Follow us on Facebook



to get the latest information on food distribution, events and thrift store dates and times.

Please contact us if you are interested in volunteering at 701.595.0320 or email



Quilting For You



701.315.0053

2690 Hwy 25

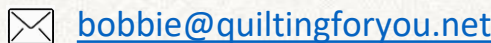
Mandan, ND 58554

HQ Way Award Retailer



Bobbie Barnhardt,
Owner

Handi Quilter Retailer
Certified Zentangle Teacher
China Painting Artist



HQ Way Award Retailer 6 years in a row!

I owe this all to my faithful and loyal customers. This would not be possible if it wasn't for you and your support means so much to me. Thank you!

<WANTED>

We currently have buyers looking for homes in the Riverdale & Pick City areas.

If you are thinking of selling, please give Ruth a call ASAP!



We can help you sell as well as relocate to your new home. Ask about relocation benefits!



Ruth Julson REALTOR®

Mobile: 701.870.2775

 EACH OFFICE IS INDEPENDENTLY OWNED AND OPERATED.

CENTURY 21 Morrison Realty
1142 W Turnpike Ave, Bismarck, ND 58501



www.ruthjulson.com



ruth@c21morrison.com



701-654-9927

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Grocery, Convenience Food & Breakfast items

Frozen Pizzas & Sandwiches

Off Sale and Tobacco

Camping & Fishing Gear

Bait & Tackle

Stop by for a cup of coffee





Lowrance LCX 111C
depth finder

FOR SALE

Make an offer of any
of the items for sale.



Older Radial Arm
Saw—works fine



Rocking Chair/glider

Call Terry or
Esther at
701-220-3368 or
701-258-2989



Small Hutch/ TV stand

NICKYPOO'S LODGE

Rent by the day, week, or month. We welcome hunters with dogs.
4 Bedrooms, 3.5 Baths, Double Garage

625 44th Avenue NW ; Pick City, ND

For more information, contact Scott Winistorfer
701.425.5237

160 Acres and only 5 minutes
from Beautiful Lake Sakakawea

Book on Airbnb

[Hunting & Fishing Lodge < 3 Mi from Lake Sakakawea - Houses
for Rent in Hazen, North Dakota, United States - Airbnb](#)

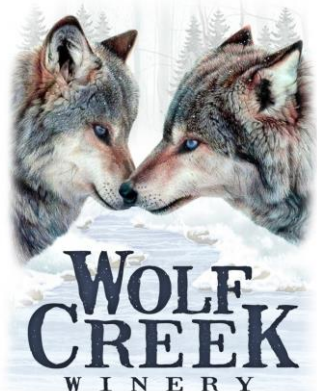
VRBO

[Hunting & Fishing Lodge < 3 Mi from Lake Sakakawea -
Mercer County \(vrbo.com\)](#)

Evolve.com

[Pick City Vacation Rentals \(evolve.com\)](#)





Wolf Creek Winery

Wolf Creek Winery currently produces approximately 19 varieties of grape and fruit wines. We support local, and source as much fruit locally as we can.

Wolf Creek Winery offers off-sale, tastings, and tours by appointment at 3631 8R Street NW, Coleharbor ND, 701-220-7237. You may also order online and pick up at the winery, or we can ship to 35 different states.

Wolf Creek Wines are available locally at the following locations:



Bronson's Liquor, 201 West Main Street, Beulah ND
Grimsley's Convenience Store, Underwood ND
Hiway 83 Express, 153 Case Street, Washburn ND
J Aurthers Flower & Gifts, 213 Main Street, Turtle Lake ND
Krause's Liquor Store, 339 4th Ave SE, Garrison, ND
The Rusted Rail Bar & Grill, Underwood ND (off Highway 83)
Totten Trail Bar and Grill, along Highway 83 at Lake Audubon ND
Little's Bar & Grill, Pick City, ND
Iron Oar Pub & Grill, Riverdale, ND
Visit our website: www.wolfcreekwinerynd.com,
Email: randy@wolfcreekwinerynd.com or call us at
701.220.7237. Also make sure to Follow us on
Facebook [Wolf Creek Winery](#) & Twitter.

Also available at:

Broadway Liquor, 1030 N. Broadway, Minot ND
Captain Jacks Liquor Land West, 1100 Turnpike Ave, Bismarck ND
Cash Wise Liquor, 900 43rd Ave. N.E., Bismarck ND
Cash Wise Liquor, 1144 East Bismarck Expressway, Bismarck ND
Cash Wise Liquor, 3208 16th Street SW, Minot ND
Lucky's Liquor Store, 450 12th ST West, Dickinson ND
Lucky's Express Liquor Store, 1005 E Villard Street, Dickinson, ND
Medora Convenience Store, 200 Pacific Ave, Medora ND
Medora Uncork'd, 370 Pacific Avenue, Medora ND
Wild Flour Cafe & Bakery, 718 Elk Street, Alexander ND
Wild Vines Market, Beach ND
WILLIQUORS Liquor Store, 3025 Yorktown Drive, Bismarck ND

LOOK UP. LOOK OUT.

POWER LINE SAFETY ON THE FARM



SAFETY TIPS THAT ARE ALWAYS IN SEASON

1. Know what's below. **CALL 811** before starting any digging project.
2. Always **USE A SPOTTER** to warn you of any dangers when moving equipment.
3. If you strike a guy wire, **NEVER REPAIR IT YOURSELF**. Call your local utility right away.
4. **WATER CONDUCTS ELECTRICITY**, so be careful when irrigating near power lines.
5. **Keep yourself and machinery AT LEAST 10 FEET AWAY** from overhead power lines.
6. Be extra careful when operating **sprayers, planters and cultivators**. **KNOW THE HEIGHT AND WIDTH OF YOUR FARM EQUIPMENT** to prevent accidental contact.

WHAT TO DO IF YOU CONTACT A POWER LINE:

If a power line falls across or near your machinery while you are in it, stay inside and **CALL 911**. Tell bystanders to stay away. If you must exit, jump as far as possible, so no part of your body is touching the machinery when you land. **KEEP BOTH FEET TOGETHER** and shuffle or hop at least 40 feet away.



Be safe.

Equipment is the primary source of horsepower on the farm. It's also tied to the greatest number of severe farm injuries. Respecting and using the equipment properly is vital. Put safety first and everything else second.



4031 Hwy 37 Bypass
Garrison, ND

<http://www.mcleanelectric.com/>

701.463.6700
800.263.4922



NORTH DAKOTA GAME & FISH

Mule Deer Survey Completed

The North Dakota Game and Fish Department completed its annual mule deer survey, and results indicate western North Dakota's mule deer population is 29% lower than last year and 5% below the long-term average.

Biologists counted 1,994 mule deer in 286.3 square miles during this year's survey. The overall mule deer density in the badlands was 7.0 deer per square mile.

Big game management supervisor Bruce Stillings said declines are due to effects from extreme winter conditions this year and historic blizzards from the previous spring that produced approximately 40 inches of snow with high winds and low temperatures.

Biologists had concerns with mule deer numbers heading into this winter based on results from the fall survey. The fall survey is conducted to assess demographics of mule deer in the badlands. Buck:doe ratio and fawn production expressed as fawn:doe ratio are determined to evaluate population status and productivity of mule deer.

Biologists counted 1,116 mule deer in the aerial survey in October, which was 31% lower than in 2021. The ratio of 69 fawns per 100 does was higher than 2021 (60/100) but well below the long-term average (87/100), while 40 bucks per 100 does was similar to 2021 (38/100) and the long-term (43/100).

The spring mule deer survey is used to assess mule deer abundance in the badlands. It is conducted after snow melt and before trees begin to leaf out, providing the best conditions for aerial observation of deer. Biologists have completed aerial surveys of the same 24 study areas since the 1950s.

The fall aerial survey, conducted specifically to study demographics, covers 24 study areas and 306.3 square miles in western North Dakota. Biologists also survey the same study areas in spring of each year to determine deer abundance.

Earth Day, Every Day

The North Dakota Game and Fish Department encourages students to design Earth Day patches to bring greater awareness to the environment in the state and elsewhere.

Yet, like Earth Day, which began in 1970 and kicked-started the environmental movement, the concern for our outdoor places isn't simply a once-a-year-thing, but ongoing.

Understanding this, the Game and Fish Department supports Earth Day, Every Day to promote continual awareness about the environment.

Anyone who participates in public land clean up and improvement projects will receive the 2023 Earth Day Patch to recognize their service and celebrate Earth Day. Projects that qualify include refuse removal on local, state or federal property, and landscaping on public property such as planting trees, bushes and pollinator plants.

For more information, or to request patches for your group's service project, contact Sherry Niesar, Earth Day coordinator, at 701-527-3714 or sniesar@nd.gov.

North Dakota Outdoors Weekly Webcast

How You Can Help Pollinators

Click the link below for information to watch the live broadcast

[How You Can Help Pollinators! - NDGF](#)



Lake Audubon * Hwy 83
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Online Ordering

www.tottentrail.com

Follow us at Totten Trail Bar  [Totten Trail Bar](#)



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\$1.00 OFF ALL DRINKS

Tuesdays:

Indian or Softshell Tacos

Wednesdays:

Buy 1 Burger, Get One ½ Price!

Thursdays:

Broasted Chicken

Fridays:

Shrimp

Saturdays:

Steaks/Prime Rib

Sundays:

Pizza

Hours

Closed Mondays

Kitchen

Tuesday - Sunday: Noon to 9 pm

Bar

Tuesday - Sunday: Noon to 10 pm

TUESDAYS
at 7:00 pm



1st Blackout 56#s
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2nd Blackout 56#s
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Mother's
Day Buffet
Serving

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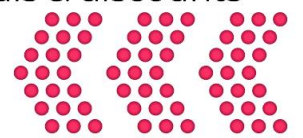


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Midstate Porcelain

Art Guild

(MPAG)

Meetings held 1st Saturday of every month at 10 am Lesson & Location at hostess discretion

Nancy Bergman, also known as the Luster Queen, will be in Riverdale May 4-6th teaching our members about how to use lusters. We are so excited to learn from Nancy!

Join The Midstate Porcelain Art Guild & learn the fine art of porcelain painting. For Information on the Guild, call any of our Officers:

- Luann Allsworth, Hazen, ND 701-748-5804
- Bobbi Barnhardt, Washburn, ND 701-315-0053
- Vicki Benzmilller, Coleharbor, ND 701-400-3028
- Vida Klocke, Underwood, ND 701-442-3478
- Linda Maize, Beulah, ND 701-873-5717



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Hwy 83 & Frontage Rd., Coleharbor, ND

Prime Rib Night

Wednesdays at 4pm - \$12
Regular Menu

Steak & Seafood Night

Thursday - Saturday
4 - 9:30 pm

HOURS

Tuesday-Saturdays:
11:30 am - 11:00 pm

Friday & Saturday:
4:00 pm starts
Steak Night

Thursday - Saturday:
Bar Open 'till 1am

Sundays:
Closed

Appetizers

Drummies	Corkscrew Shrimp
Gizzards	Pepper Jack Mac N Cheese Bites
Calamari	French Fries
Homemade Jalapeno Poppers	Cheeseballs
Onion Rings	Tater Tots
Chicken Strips	Wisconsin Cheese Curds
Sidewinder Fries	Chicken Cordon Bleu Balls

Entrees

12 oz. Prime Rib Steak
12 oz. Ribeye Steak
Grilled Shrimp Skewers
Walleye
Calamari



Sandwiches

Prime Rib Sandwich with Coleslaw & French Fries	
French Dip	Fleischkuekla
Reuben	Patti Melt
Grilled Cheese	

Baskets

Chicken Strip Basket w/ slaw and FF
Walleye Basket w/ slaw and FF
Corkscrew Shrimp w/ slaw and FF



Burgers

Classic Burgers-seasoned ½ lb. beef patty	Double Bacon Cheeseburger
Hamburger	German Burger
Cheeseburger	Chipotle Burger
Double Cheeseburger	Bleu Cheeseburger
Bacon Cheeseburger	BBQ Swiss Burger

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Best Steak
2019, 2020, 2021

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Follow us at [Harbor Bar & Grill](#)
for updates and Daily Specials

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- DOT Physicals
- Referrals
- Employee Drug Screening



Monday 7-5, Tuesday 8-5, and Thursday 8-5

Telehealth Appointments Available
Friday from 8-3

WWW.NORTHLANDCHC.ORG TURTLE LAKE – 701-448-9225

The Construction of the Garrison Dam

A Big Job - Allis Chalmer film

[A Big Job - Allis Chalmers film - YouTube](#)

The history & construction of not only the Garrison Dam but the communities which evolved because of it, is a special part of this area's history.

This 19-minute Allis Chalmer film is a treasure.

Click the active link above to watch the live broadcast. (online version of The Dam News).

Riverdale-Pick City Ambulance & Riverdale Fire Department



Meetings



Riverdale-Pick City Ambulance Business Board Meeting-(Quarterly)
Second Wednesday of the Month @ 6pm

Riverdale-Pick City Ambulance Training Meeting-
Third Wednesday of the Month

Riverdale Fire Department Business Meeting-
Third Tuesday of the Month

Riverdale Fire Department Training Meeting-
Third Tuesday of the Month

"ALL MEETINGS ARE AT THE AMBULANCE BAY"

Library Board Position

There is one (1) position on the McLean-Mercer Regional Library Board from McLean County with a term expiring on June 30, 2023.

The terms are for three (3) years ending June 20, 2026.

Eligible members must be residents of McLean County. If interested, please send a letter of interest to:

McLean County Auditor,
PO Box 1108, Washburn, ND
58577-1108

or email baknutson@nd.gov
by June 16, 2023.

McLean-Mercer Regional Library

216 Second Street Riverdale, ND

Phone: 701-654-7652

www.riverdalendlibrary.com

Public Access Computers, Children's Computer, Wireless Internet Access, Printer, Copier, Fax, McLean & Mercer County Newspapers, eBooks & Digital Magazines, Board Games



Library Hours:

Monday - Friday

8- 12 &

1-5 pm



Like and Follow us at

McLean-Mercer Regional Library

[McLean-Mercer Regional Library](https://www.facebook.com/McLean-Mercer-Regional-Library)

McLean-Mercer Regional Library is headquarters for a consortium of public libraries in the communities of: Beulah, Garrison, Hazen, Max, Stanton, Turtle Lake, Underwood, Washburn.



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Follow us on Facebook and Instagram for full menu and weekly updates.

THURSDAY Steak Night

Hand Cut Steaks including the Coulotte Steak. Known as the top sirloin cap and its lean tenderness.

Seared in garlic butter and finished on the char broiler.

Also check out our Hanger Steak, Prime, Rib and Ribeye.

SEAFOOD Sunday

Join us for Seafood Sunday featuring crab legs, lobster, mussels, scallops, walleye, plank trout and shrimp. Lobster Mac, Seafood Tortellini, Seafood Platter and Crab Leg Entrée just to name a few.

BOURBON STREET SURF AND TURF



CEDAR PLANK STEELHEAD TROUT



Rural Resilience Retreat

Wellness Resources For Working In and Around Agriculture *Dress is Casual*



Yoga Class (Optional, limited to 30)
 Kendra Metcalfe
 Certified Yoga Instructor
 Owner, Vibe Yoga With Kendra, LLC
 (FREE yoga mat for the first 10 to register!)



"Rural Realities: We're In This Together"
 Sarah Bedgar,
 NDSU Extension Agent,
 Agriculture & Natural Resources



"Emotional Intelligence for the Home and Workplace"
 Jodi Bruns,
 NDSU Leadership &
 Civic Engagement Specialist



"Question, Persuade, Refer: Suicide Prevention Training"
 Courtney Hoikkala,
 NDSU Extension Agent,
 Family & Community Wellness



"Weathering Times of Tight Margins"
 Dr. Sean Brotherson,
 NDSU Professor and Extension
 Family Science Specialist



"Bend, Don't Break: Managing Stress and Improving Mental Wellness"
 Monica McConkey, LPC
 Rural Mental Health Specialist



"Know Thy Self: Self-Care for the Real You"
 Pastor Annie Carlson
 Food, Faith & Farming Expert



Special Guests!
Goat Kid Meet & Greet
 Provided by Coal Lake Livestock
 (Immediately following Yoga)

**Saturday
 MAY 13, 2023**

Early Bird Breakfast, 8:30 a.m.
 Yoga (Optional), 9:00 a.m.
 Reg. & Breakfast, 9:30 a.m.
 Program Wrap Up, 3:30 p.m.

*****NEW DATE AND LOCATION!*****

A menu you won't want to miss!
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Register by 5/1: [Rural Resilience Retreat Registration Form](#)

Please also send check for \$40 registration fee to:

NDSU Extension - McLean County, PO Box 1108, Washburn, ND 58577

Individuals with disabilities are invited to request reasonable accommodations to participate in NDSU-sponsored programs and events. To request an accommodation(s), please contact (person or department sponsoring the event) at (phone or e-mail) by (specific date) to make arrangements.

Kyla Sanders

Western Morton County Aging in
Community Coordinator

NORTH DAKOTA STATE UNIVERSITY

NDSU NORTH DAKOTA
STATE UNIVERSITY

NDSU Extension – Morton County

211 Collins Ave ; Mandan, ND 58554

www.ndsu.edu 701.667.3340

We are all so happy to see the changing of the season from winter to spring. We anticipate the warmth and sunshine of summer. We plan for our gardens and crops. We anticipate vacations and seeing family. We look forward to the passing of time bringing us closer to those things that we enjoy. There are several types of planning that we might overlook or be uncomfortable talking about. In North Dakota 27% of people have discussed Advanced Care planning. While 92% of us think it is important only a few have let their families know what their wishes are. At Aging in Community we assist families to start the discussion. We even have a game that we play. While it might not be as colorful as *Candy Crush*, I guarantee that you will learn something about yourself and your family will learn a lot about your wishes. Most people leave our office wishing they would have had the discussion years ago. They feel more comfortable that those closest to them know what is most important to them. They are relieved to find that they have control over what many fear is the uncontrollable. Health situations might change just like the seasons, but the comfort that is found in knowing your family understands your wishes is lasting. Planning for those changes is a gift you can give yourself this spring.

The passing of time also brings us one birthday after the next. It is always fun to see friends and eat cake. We plan for birthday parties but do we plan for the resulting accumulation of years? Not only are the years accumulating so are the material possessions. All those summer vacations we look forward to generate boxes of pictures. Those birthday gifts become treasured memories. All the years of hard work are manifested in belongings. Those belongings might be material possessions, a home, car or land. Have you talked to an estate planning specialist? While it might feel foreign to start the conversation in your forties that is the best time to make that initial contact. We are lucky in North Dakota to have several financial institutions that also assist with estate planning. Planning for our changing health is comforting but so is planning for our possessions.

I recently heard a gentleman say “I am not going to his funeral because I’m sure he won’t be at mine.” We both giggled at the time but in all seriousness, it started a conversation around funeral pre-planning. This same gentleman knew exactly what he wanted at his funeral right down to the meal at the church following the burial. I was really impressed that he had everything planned out and was so comfortable with his decisions. I asked which funeral home he had made these arrangements with. His answer was none of them. While he had done a great deal of planning he had not shared those plans with anyone. We assisted him to share his wishes with his clergy person and I have every faith that his funeral will be carried out to the exact lunch menu that he selected.

Each of us has varying levels of comfort with planning for the future. We expect the seasons to change and plan for that. We anticipate the next birthday and plan for that. I hope that we can help you plan for the changing seasons of your life. Give us a call at 348-9907 to discuss local resources to meet your individual needs.

Dates to Remember

Morton County SCD Women’s Ag Night-May 8, Mandan

Bone Builders- May 9th at 10:00 in the Marian Manor Estates, Glen Ullin

Rural Resilience Retreat-May 13, Washburn

Bone Builders- May 16th at 10:00 in the Marian Manor Estates, Glen Ullin

Growing Happier with Horticulture- May 23rd at 1:30, 702 East Ash Ave in Glen Ullin

Growing Happier with Horticulture- May 23rd at 3:30, Hebron School east entrance

The Ultimate Guide for the **BEST SPRING ACTIVITIES**

naturalbeachliving.com

1. Go on a walk
2. Plant flowers
3. Jump rope
4. Go hiking
5. Go to the farmer's market
6. Play hopscotch
7. Take a nature walk
8. Fly a kite
9. Play at a playground
10. Go stargazing
11. Go on a picnic
12. Backyard obstacle course
13. Look for baby birds
14. Watch a new movie
15. Take pictures of nature
16. Visit a farm
17. Make a bird feeder
18. Cook something with fresh veggies
19. Visit downtown
20. Watch butterflies
21. Go on a bike ride
22. Do a random act of kindness
23. Dance in the rain
24. Make a smoothie bowl
25. Go on a scavenger hunt
26. Blow bubbles
27. DIY a Pinterest craft
28. Feed ducks
29. Enjoy the sunshine
30. Read outside
31. Do an art project
32. Play hide and seek
33. Donate old winter clothes
34. Play a board game
35. Wash a car
36. DIY silk scarves
37. Make play dough
38. Try crochet
39. Look for daffodils
40. Make homemade bread
41. Listen to spring music
42. Make a sensory bin
43. Go on a nature hunt
44. Play a sport
45. Go horseback riding
46. Pick up litter
47. Go to a baseball game
48. Hunt for books
49. Play tag
50. Start a planter garden
51. Make ice cream
52. Draw flowers
53. Help out an animal shelter
54. Start a journal
55. Pick berries
56. Learn how plants grow
57. Get family photos
58. Volunteer
59. Climb a tree
60. Visit some place new

MEDIA ALERT | NEW DAY PROCLAMATION NATIONAL SELF-EMPLOYED DAY | May 4

[National Day Calendar](#)

National Self-Employed Day on May 4 honors the dedicated individuals that bravely venture out to create their own businesses to support themselves, their families, and their community.

#NationalSelfEmployedDay

Self-employed business owners are amongst the hardest-working individuals you'll ever meet. They continuously strive to meet their goals to be successful. The self-employed business owner never quits and faces every obstacle they encounter head-on. In fact, there is very little that can stop a self-employed business owner from succeeding.

What Does Self-Employed Mean?

Being self-employed means a person does not work for a specific employer or business. Instead, they work for themselves and earn their income by doing business directly. Even though self-employment provides more job flexibility and freedom, it also requires a lot of commitment and dedication. A self-employed person must devote valuable time and energy to earn their wages and pay their bills.

Controlling Your Destiny

As a self-employed individual, you are in complete control of your destiny. Your passion to move forward and become an independent employee enables you to take your dream as far as you want. You have creative control over your ideas and how you want to implement them. In fact, you choose your own work environment, which includes whether or not you want or need employees to help you on your journey.

Establishing self-employment allows you to grow your knowledge and fine-tune your skill set. Your learning curve never ends because being self-employed gives enough variety in your daily routine to allow constant growth. In fact, self-employment helps you build and create your own network of clients.

Network building when you are self-employed is an important piece of your success. By increasing your network, you learn more about business than you realize from your peers. In addition, you learn from their successes and failures, which helps you make better decisions for yourself in the long run. A good, strong network brings a group of like-minded people together, yourself included, that encourage, help, and assist each other as your businesses grow.

CELEBRATING SELF-EMPLOYMENT

- Learn about how to become self-employed.
- Take a class about owning a business.
- Support the local self-employed business owners in your community.
- Take a self-employed friend or family member out to dinner to celebrate their accomplishments.
- Offer to speak at a start-up networking gathering to share your experience with others who are looking to start a new business to become self-employed.
- Lend a helping hand to a self-employed friend or family member by offering to file paperwork, answer phones, or look up contact information for potential clients.
- Treat yourself to a little self-care time if you are a self-employed individual.
- Share your love and support for the self-employed person in your life using #NationalSelfEmployedDay on social media.

THE VOICE OF THE SELF-EMPLOYED

In 2022, National Day Calendar formed a partnership with Jeffrey Shaw, the founder of [The Self-Employed Business Institute](#). The collaboration created National Self-Employed Day to be celebrated each year on May 4. Jeffrey Shaw is the founder of the Voices of the Self-Employed advocacy group and The Self-Employed Business Institute. He is also the creator of The Self-Employed Summit. He is a well-known leader and advocates for self-employed business owners. As a speaker and small business coach, Jeffrey helps self-employed and small business owners gain control of their businesses in what seems like otherwise uncontrollable circumstances. Drawing on his experience as a renowned portrait photographer, Jeffrey shows business owners how to see business through a different lens. He shares strategies to compose the often-chaotic pieces of life and business into sustainable success.

In addition, Jeffrey is also a sought-after keynote speaker whose TEDxLincolnSquare talk is featured on TED.com. He has a passion for bringing his message to audiences through live and virtual presentations.

Printed Publications The Self-Employed Life: Business and Personal Development Strategies That Create Sustainable Success

• LINGO: Discover Your Ideal Customer's Secret Language and Make Your Business Irresistible.



KNIGHTS



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Monday - Thursday

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Wednesday's

7:00 pm



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Friday & Saturday



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The Dam News

Published every Wednesday

Ava's Light, LLC

Brenda Beran, Founder

Publisher & Managing Editor

605.660.0104

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1/2 page \$7/week

Full page (8 1/2 x 11) \$12/week



The Dam News

My story

When I moved to this area a few years ago from out of state, I realized that all things revolve around beautiful Lake Sakakawea. The communities wouldn't be here if it wasn't for the Dam and because of the incredible history in this area, The Dam News will celebrate all communities and those within that make this so special. ~Brenda

All the ways to find The Dam News

Group Facebook Page

 [The Dam News](#)

[The Dam News | Facebook](#)

Scan the QR Code below to also find us on Facebook



Pick City city website

<https://www.pickcitynd.com>

A printed copy available at the following locations:

Riverdale

Iron Oar, Changing Styles Salon, Knights Bar & Grill, Reel Convenience, Spillway Coffee House & Library

Pick City

Scott's Bait & Tackle, Teresa's Grocery, Little's Bar & Grill & The Dam Bar & Steakhouse

Underwood

Soda's & Things, Grimsley's & Bravera Bank

Garrison

Flowers-N-Things, Garrison Insurance, S & J Hardware, Chase Pharmacy & Ye Olde Malt Shoppe

Harbor Bar, Totten Trail, Hwy 83 Lawn & Leisure, Turtle Lake Grocery Store, Dakota Farms Family Restaurant in Washburn and more locations in the near future.

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Serina Eisenbraun



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