TESTHE DAMNEWS

March 6, 2024, Vol. 62



MARCH





Ah, March, in like a lion, out like a lamb, or so the saying goes. That's not the only saying attributed to the moody month. For the Northern Hemisphere, March ushers in spring. That was even true back in the days of the Julian calendar when there were only 10 months and March started off the year. Sayings such as "A bushel of March dust is worth a King's ransom," and "March many weathers," remind us of the swiftly changing and windy weather March brings.

The first three days in March were once considered bad luck. They called them the blind days. No one would plant, enter into an agreement, or a journey during these days. Speaking of the beginning of March, there are some pretty tasty holidays to keep us appeared while the weather makes up its mind. Peanut butter and Banana Cream Pie are just a couple of them.

March is also known for its borrowing days. Though the story has changed through the ages, the month is no stranger to tumultuous weather. Hundreds of years ago the borrowing days were known to be any wild weather day in March. In later years, the days came to be assigned to the last three days in March. The end of the month gets down to business, too. We're talking Mom and Pop Business Day, Walks in the Park and Prom. Serious stuff.

Weather & Seasons

Spring makes its appearance in March with the vernal equinox, and with it comes a lot of activity in nature. Birds migrate. Animals begin to mate. (They give us the phrase, "Mad as a March hare," too.) Plants begin to grow. Even the full moon gets involved. The full moon in March is called the Worm Moon. It earns this name because of all the insects beginning to hatch.

Birth Flowers – Daffodile and jonguil

Birth Stone - Aquamarine

Zodiac Signs – Pisces and Aries

Daylight saving time also adds an element of tradition and rancor to the season as many (though not all) spring forward and change their clocks one hour.

Fast Facts

- * Historically, planting and war go hand in hand in March. Named for the Roman god of War, Mars, March became a time when armies began to march again and farmers tilled their soil. While farming and the military have both dramatically changed since Roman times, March and spring still hold power over both of them.
- * March Madness kicks into high gear as basketball enthusiasts cheer on their favorite teams. Whether cheering on a local high school team or their college and professional players, fans wear their colors and watch every nail-biting game.
- * Beware the Ides of March. When the world used the Roman calendar, the middle of each month was called the "Ides." What makes March so special? Well, the 15th was always the midpoint in March, and in 44 BC an oracle predicted Julius Caesar's downfall to be no later than the Ides of March.
- * The phrase "in like a lion, out like a lamb" refers to the proverb that says:

"If March comes in like a lion, it will go out like a lamb."

However, it may also refer to the constellations Leo and Aries. Leo rises in the east early in March but Aries sets in the west at the end of March.



Events & Catering

Food Truck

Email: kimisfoodservices@gmail.com
Online: www.kimisfoodservices.weebly.com



Kimi's is moving to a new location!

We will be at the corner of Hwy 49 and 200 in the remodeled restaurant portion of Hook Line and Sinker.

We're working tirelessly to make the new location our home and are grateful to the Suko's for a great opportunity. It will be same great Kimi's food, new location, available to the public.

Stay tuned for details and dates!

We are going to follow some of the latest trends in food service and will announce an opening date very soon!!

GET READY, HERE WE COME!



DAM BAR AND STEAKHOUSE

CELEBRATING 25 YEARS

35 Main Rd E. Pick City, ND (701) 487-3331

THIS IS THE BEST DAM BAR BY A DAM SITE



The Dam Bar & Steakhouse

Established in 1947



THE DAM BAR IS OPEN

Thursday – Saturday 3 pm – Close



STARTERS

Combination Platter Deep Fried Pickles

Hot Wings Crispy Battered Mushrooms

Calamari

Chicken Nuggets

Jalapeno Poppers Cheddar Cheese Curds Mozzarella Sticks Chicken Drummies

Onion Rings

Chicken Gizzards

HAND CUT STEAKS

Filet Mignon 8 oz. New York Strip 10 oz.

Bacon Wrapped Sirloin 8 oz.

Ribeye 10 oz. Beef Tenderloin 8 oz. Sirloin 8 oz.

DINNERS

Pork Chops 8 oz.

Hamburger Steak 10 oz.

Chicken Strips
Breaded Shrimp

Walleye 10 oz.

Jumbo Steamed Shrimp (4)

Shrimp Skewers (3)

BURGERS & SANDWICHES

Signature Burgers
Dam Burger
Dam Cheeseburger

Cheeseburger

Hamburger

Bacon Cheeseburger BLT

Fish Burger

BBQ Pork Patty Melt Fleishkueckle

Chicken Breast (grilled or breaded)

GENEROUS SALADS

<u>Chuckie</u> Salad-grilled or breaded chicken with the works House Salad- bacon, olives, tomatoes, onion, cheese

14" DAM BAR PIZZA Made From Scratch

Toppings include Canadian Bacon, Sausage, Pepperoni, Chicken, Green Peppers, Mushrooms, Olives, Onions, Sauerkraut

WEEKEND SPECIALS

Travis is our Guest Cook during the month of March along with our great servers.



Friday Lenten Special

Walleye with American Fries & Salad



Saturday

Travis' Burger Specials

The Dam Cheesesteak

Pressed ribeye, onions, green peppers, American cheese

Smokey Cowboy Burger

Smokey BBQ, bacon, onion rings, cheese

THE DAM
SMOKE SHAK



JACEY WANNER
Parent Family Educator
Region 7
NDSU Extension
Morton County



211 Collins Ave, Mandan, ND 58554 701-667-3342

jacey.p.wanner@ndsu.edu

When No One Likes to Do the Dishes

By Jacey Wanner, Region 7 Parent Family Education

Honesty time, most days my house is a complete mess. I have piles of dirty laundry on the floor and piles of clean laundry waiting on the couch for me to fold. Dirty dishes from too many meals are piled on my counter and crumbs, all the crumbs, are on every surface of my home.

Everyone in my family has certain messy things that bother them. My husband yells (or requests in a firm voice) for my daughter to wash her hands before touching our piano. "How many times do I have to tell you this!" he says under his breath. I yell back to stop yelling and shaming her only to walk into the bedroom to see wet towels on the ground and quip at him, "how many times do I have to tell you to put your towels away!" This circle continues for every member of our family until we are all angry, annoyed, and nothing in our house has been cleaned up.

Cleanliness can be a major source of contention in families as everyone has a different level of disorganization and messiness they feel comfortable living in.

I hear from parents frequently that they despise how disgusting their kids keep their rooms or how it is difficult to get their children to help do the dishes. One of the parents I am referring to in this situation may be myself.

What can parents and caregiver do to help keep our homes clean and include our children in the process of cleaning up?

- 1. We can help teach our children age appropriate chores. Kids as young as two can help throw things in the garbage, wipe up spills, and put toys back into a bucket. Four, five, and six-year-old children can help restore items, set the table, assist with safe food preparation, and do some light dusting. Parents can help teach children chores as a way for everyone to work together. These are also great life skills to for kids to learn from their parents. No one likes doing the dishes, and yet, the dishes need to be cleaned.
- 2. Parents can set a timer. Everyone in the family speed cleans and put things a way for an allotted time. When the buzzer goes off, everyone who helped gets to play a family game.
- 3. Make a game plan. Ask your kids what would help them keep the house clean? Would it help if we all spend twenty minutes a night where everyone in the family cleans up? Should we have a cleaning day? Is everyone responsible for a certain chore and the chore switches each week? When kids are part of the conversation, instead of being dictated chores, they are more likely to participate.

When we focus on teaching our kids, working together, and involving them in the conversation involving chores, our kids are learning how to be part of a team.

By participating in chores, kids are also learn how to be hard working, responsible, caring, organized, thoughtful, helpful, and motivated.

My family is going to make a cleaning list this weekend. First thing to tackle are those piles of laundry. As soon as the laundry is washed, folded, and put away, we are going to celebrate with a family game night. Clean and then celebrate – that is our family game plan this weekend.

<u>Dates to Remember</u> March 6: Powerful Tools for Caregivers, Virtual, 1:30 pm; March 20: NDSU Extension Parent and Family Education Webinar with Erin Walsh: iBrain, Learning in the Age of Distraction, Virtual 12:00 pm; March 20 - April 24: Positive Discipline at Mandan Middle School, 6:00-7:30pm. Limited Childcare Available, Teacher CEU credit, Growing Futures Approved; March 31: Deadline for Primary residence tax credit application; April is Prevent Child Abuse Month; April 21: Wear Blue Day Hike at Fort Abraham Lincoln State Park, 3:00 PM

Jacey Wanner is the parent family educator for the Parent & Family Resource Center - Region 7, a collaborative effort of NDSU Extension, Morton County and the North Dakota Department of Human Services. She holds a bachelor's degree in kinesiology and a master's degree in occupational therapy.



KNIGHTS BAR & GRILL



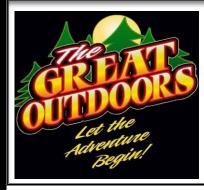
401 3rd St. | Riverdale, ND

701-654-9559



Riverdale High Lodge Knights Bar and Grill





This Saturday March 9th **The Great Outdoors**

Friday & Saturday March 22 & 23rd



Wednesday's 7:00 pm



1st Blackout 54#'s: \$946 2nd Blackout 52#'s: \$3,055

Every Friday & Saturday



MELODY BEST LIVE AT KNIGHTS



Friday & **Saturday** Mar 22 & 23rd

Hours

Open every day: 2 pm - Close

Happy Hour Monday - Thursday 4 pm - 6 pm

Grill Hours

Monday - Thursday: 2 pm - 9 pm Friday & Saturday: 2 pm - 10 pm Sunday: 2 pm - 9 pm



nishubaykennels@gmail.com



Nishu Bay Kennel & Grooming <

Garrison Location

2nd New Location 12 1st Ave NW 701.743.4017 Mon, Wed & Fri 8 am - 5 pm

White Shield Location

1465 65th Ave NW 701.337.6333

Tues & Thurs 8 am – 5 pm Saturday 9 am- 3 pm Sunday-CLOSED

Online booking -Nishu Bay Kennel & Grooming

Mishu Bay Kennel & Grooming | Facebook

St. Patrick's Day Punch

www.sugarandsoul.co

Ingredients

3 cups white grape juice 1 ½ cups orange juice 3 cups lemon-lime soda 10 drops green food coloring 1 quart rainbow sherbet Ice

Combine all ingredients in a large punch bowl and serve with a ladle. Serves about 8 people.

May the winds of fortune sail you. May you sail a gentle sea. May it always be the other guy who say this drink's on me!

Riverdale-Pick City Ambulance &



Riverdale Fire Department



Meetings

Riverdale-Pick City Ambulance Business Board Meeting-(Quarterly)

Second Wednesday of the Month @ 6pm

Riverdale-Pick City Ambulance Training Meeting-

Third Wednesday of the Month

Riverdale Fire Department Business Meeting-

Third Tuesday of the Month

Riverdale Fire Department Training Meeting-Third Tuesday of the Month

"ALL MEETINGS ARE AT THE AMBULANCE BAY"

Highway 83 Lawn & Leisure

1619 Highway 83 NW, Garrison, ND

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Highway 83 Lawn & Leisure | Facebook View our E-Catalog

Catalog | HWY 83 Lawn & Leisure, Inc (storefrontcloud.io)





Is your mower ready for the upcoming season? Let us service, tune and sharpen those blades now so you're ready for Spring!



HOURS

Monday-Thursday: 6:30 am - 5:00 pm Fri: 6:30 am – 6:00 pm Sat: 6:30 am - 5:00 pm

Sun: 8:00 am - 2:00 pm

New mower?

We can help you out there too! Shop our line of Toro Timecutters & Titans. Many models available & some models have rebates.

Clearance on all used mowers. \$500 off!

Shop in indoor comfort!



SEE US FOR ALL YOUR SMALL ENGINE NEEDS!

Riverdale City News ELECTION 2024

Election of city officials and park board members will be held on June 11 in conjunction with the state primary election. Vacancies include:

<u>Council Member</u> – 2 positions <u>Park Board Member</u> – 4 positions

Petitions to fill an open seat need to be filed with the City Auditor by 4:00 PM on April 8, 2024.

TREE REMOVAL

The City of Riverdale has contracted with Bullinger Tree Service (701) 663-5121 to remove several trees on city property. Work is expected to begin late March. Property owners wishing to utilize their services in conjunction with the city many contact them for a quote.

Riverdale City Council meeting will be held Monday, March 11th at 6:00 pm.

SUBSCRIBE TO RECEIVE UPDATES

Sign up to receive ALL notifications for News, Agendas, Minutes, & Packets. If you don't want to receive ALL notifications, please visit the <u>Subscribe to Updates</u> page to be able to select notifications for specific categories. Go to the website by clicking on the following link: <u>City of Riverdale | (riverdalenorthdakota.com)</u>



Teresa's Grocery

10 Main Road East, Pick City ND Open Daily- 9 a.m.-6 p.m.

Phone- 487-3000

We carry

Groceries, Gift Items

ND Souvenir's, Clothing,

Cell Phone Accessories,

Blankets, Toys,

Hats & Gloves,

Everyday Essentials,

Greeting Cards & More!





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McLean-Mercer Regional Library 216 Second Street Riverdale, ND Phone: 701-654-7652

www.riverdalendlibrary.com

Public Access Computers, Children's Computer, Wireless Internet Access, Printer, Copier, Fax, McLean & Mercer County Newspapers, eBooks & Digital Magazines, Board Games



🚹 Like and Follow us at McLean-Mercer Regional Library

Mclean-Mercer Regional Library

McLean-Mercer Regional Library is headquarters for a consortium of public libraries in the communities of: Beulah, Garrison, Hazen, Max, Stanton, Turtle Lake, Underwood, Washburn.



hanging

701.898.8954

302 2nd ST. RIVERDALE, ND

HOURS THURSDAY 10-6 FRIDAY 10-6 SATURDAY 9-3

10% OFF HAIR CARE PRODUCTS IN STOCK THROUGH MARCH!

Hydration is VITAL & IMPORTANT!

All Nutrient Organic Hair Care Line is exclusive at Changing Styles. Healthy Haircare Products that provide your hair with the nutrients it needs & none of the chemicals it doesn't.



Follow us at Changing Styles Hair Salon



Changing Styles Hair Salon





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perfect but



S & J Hardware

The Family Service Store 8 N. Main Street Garrison, ND 701. 463. 2712

Hours

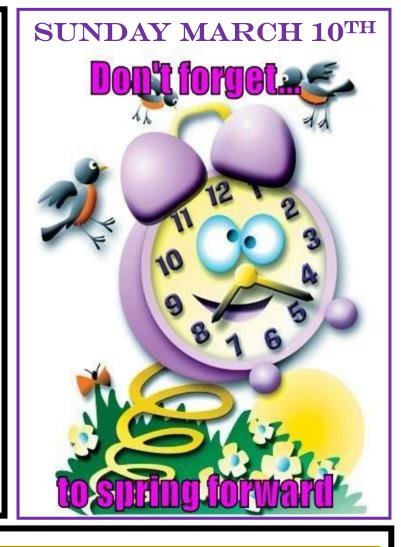
Mon - Fri 8:30-5:30 Saturday 8:30 - 4:30 Sun Closed





We are your local hardware store providing the best home improvement products to your community.





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www.ruthjulson.com



ruth@c21morrison.com



1142 W Turnpike Ave, Bismarck, ND 58501

Ruth's reminder for the week:

Review homeowner and auto policy.



47 MAIN ST. W, HAZEN, ND

701.748.5233

BEE'S CAFE - Order Online (toasttab.com)

f Bee's Cafe | Facebook

NEW HOURS: 7AM – 7PM DAILY SOUP & SALAD BAR 11 AM - 7PM



DAILY SPECIALS THURS. MAR. 7- SUN MAR. 10

Thursday 7th – German Buffet (Knoephla, sausage, sauerkraut, baked rice, fried potatoes, cream sauce & Fleischkuechla) \$15beets Soups- Knoephla and Creamy kraut and potato

> Friday 8th – Grilled cheese w/soup \$10. Soups- Tomato and Chicken dumpling

Saturday 9th - Breakfast buffet (7am-2pm) \$12. Chicken bacon swiss w/side \$12

Sunday 10th - Breakfast buffet (7am-2pm) \$12. Fish sandwich w/side \$12.

Open 7am-7pm daily. Soup and salad bar 11am-7pm daily. Breakfast buffet weekends 7am-2pm.



500 7TH STREET, NE HAZEN, ND

f Cinema Flix | Facebook

Hazen (hazentheater.com)

Thursday: Date Night! 2 tickets, 2 Medium Drinks & Medium Popcorn for \$25

Friday: Double Stamp Day!

Saturday: Student Day! Buy a #3 Combo or \$10 in Concessions, Get a free ticket! (concessions must be for student to apply)

Sunday: Family Night! 4 tickets, #1 Combo with the Extra Drink, 2 Kid Packs for \$50! Add Kid Pack & Ticket for \$10! (no substitutions)

Please follow us on Facebook for updates. All showings are subject to change. All Showings are in Central Time.

NOW SHOWING



DUNE PART 2



Paul Atreides unites with Chani and the Fremen while seeking revenge against the conspirators who destroyed his family.

KUNG FU PANDA 4



After Po is tapped to become the Spiritual Leader of the Valley of Peace, he needs to find and train a new Dragon Warrior, while a wicked sorceress plans to resummon all the master villains whom Po has vanquished to the spirit realm.

Please follow us on Facebook for updates. All showings are subject to change. All Showings are in Central Time.





Keepin' Alive at 35

"Celebrating 35 Years of Music"



Country Music Jubilee
April 5 & 6, 2024
Minot Sleep Inn

Grace Notes Lydia, Tori & Kamryn Both Days

2400 10th Street SW, Minot, ND

https://www.frozenfingers.org

Potentorman Agence	ue			
Friday, April 5		Saturday, April 6		
5:00 pm	Doors Open	Noon	Dakota Drifters	
		1:00 pm	Baptist Boys	
5:30 pm	Soup/Sandwiches/Desserts	2:00 pm	Darrel Michalenko	
	Dinner music by Jerry Schlag	3:00 pm	Gordy Lindquist	
		4:00 pm	Daniel Starks	
6:20 pm	Flag Presentation	5:00 pm	The Replacements	
	American Legion Post 26			
6:30 pm	"Country Western Jubilee"	Door Prizes and Silent Auction		
	By Frozen Fingers Members		4.4	
9:00 pm	Dance to the music of	All Dancers Welcomed		
	The Replacements and Larry Nelson			

Our organization has been strongly promoting traditional country and bluegrass music for 35 years! We also promote local community musicians and provide the community with musical events. We are proud to sponsor annual scholarships to the International Music Camp for local students. Contact Brenda Johnson, Shell Kannianen or Lois Zahn for scholarship applications.

Price: \$25 per day or \$40 for both days.



Seasons Bakehouse Home Bakery

Owner: Season Parlier Garrison, ND

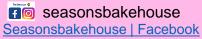
701.737.9065

Specializing in Cakes, Cheeseccakes, Cookies and Pastries

www.seasonbakehouse.com

seasonsbakehouse@vahoo.com

The strawberry filling in these rolls is so fresh and sweet. Combined with Cream Cheese Icing they are yummy!



++ formerly North Main ++



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701-463-2123



Skager's Rub currently has 7 different seasoning flavors

Original, Sweet, Spicy, Garlic/Dill, Steak/Prime Rib, Ghost Pepper Steak, and Burger seasoning. Plus, more coming very soon!

All Seasonings are hand mixed, bottled and labeled.

We really have something for everyone and when you use Skager's Rub, You love the Meat!

> OWNER/OPERATOR: JESSICA DAME 701-509-3120

https://skagers-rub-2023.square.site

skagersrubminot@gmail.com (f) Skager's Rub





Fandmade & Unique Products

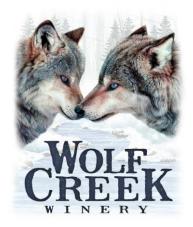


Elevate your coffee experience and indulge in some playful fun at our unique venue. Join us for a latte and explore our selection of games and toys. Your perfect pick-me-up awaits!

Upcoming events

Pokémon Game Day: Mon, March 4th 3:30-5pm Warhammer Paint Night: Fri, March 8th 6-8pm Pathfinder One Shot: Sat, March 9th 1-4pm Magic The Gathering Game Night: Fri, March 16th 5-8pm Family Board Game Day: Sat, March 17th 2pm-5pm Hoppy Basket Bonanza: Thurs, March 21 5-6pm

> Hours: Mon- Fri 8am-5pm, Sat 9am-3pm 171 N Main St. Garrison 773-4655 www.javaslair.com



Wolf Creek Winery

119 Main Street, Coleharbor ND 701-220-7237

Hours of Operation:

Thurs-Sunday: Noon-6pm

f Wolf Creek Winery | Facebook



Wolf Creek Winery currently has 20 varieties of wine. We offer wine by the glass, by the flight and on or off sale. We also carry assorted beer & seltzers. You can also enjoy your wine with our Specialty Pizzas, Appetizers or a Charcuterie Board of the Day!

We also offer Pizza's To-Go!

Red Grape Wines

American Cabernet Sauvigon
Mallard Island Red
Marquette 2021 Reserve Addition
Signature Red Blend
Country Roads
Blackberry Breeze
Cozy CABin

White Grape Wines

Pinot Grigio
Sail Away
Sakakawea Sunshine
Lake Girl Gold
Trinity White
American Moscato
White Cranberry Mist

Blush Wine

Bayside Blush

Dessert Port

Moonlight Raspberry Kiss

Fruit Wines

Aronia Berry Backyard Apple Carmine's Jewel Rhubarb

Wolf Creek Wines are available locally at the following locations:

Bronson's Liquor, 201 West Main Street, Beulah ND Grimsley's Convenience Store, Underwood ND Hiway 83 Express, 153 Case Street, Washburn ND J Aurthers Flower & Gifts, 213 Main Street, Turtle Lake ND Krause's Liquor Store, 339 4th Ave SE, Garrison, ND The Rusted Rail Bar & Grill, Underwood ND (off Highway 83) Totten Trail Bar and Grill, Hwy 83 at Lake Audubon ND Little's Bar & Grill, Pick City, ND

Also available at:

Broadway Liquor, 1030 N. Broadway, Minot ND
Captain Jacks Liquor Land West, 1100 Turnpike Ave, Bismarck ND
Cash Wise Liquor, 900 43rd Ave. N.E., Bismarck ND
Cash Wise Liquor, 1144 East Bismarck Expressway, Bismarck ND
Cash Wise Liquor, 3208 16th Street SW, Minot ND
Lucky's Liquor Store, 450 12th ST West, Dickinson ND
Lucky's Express Liquor Store, 1005 E Villard Street, Dickinson, ND
Medora Convenience Store, 200 Pacific Ave, Medora ND
Medora Uncork'd, 370 Pacific Avenue, Medora ND
Wild Flour Cafe & Bakery, 718 Elk Street, Alexander ND
Wild Vines Market, Beach ND
WILLIQUORS Liquor Store, 3025 Yorktown Drive, Bismarck ND

For Special Events and Larger groups, please call ahead so, we can better accommodate your needs. Please call Randy at 701.220.7237

randy@wolfcreekwinerynd.com

Wolf Creek Winery (wolfcreekwinerynd.com)

We are a North Dakota Winery

located in a beautiful bay of Lake
Sakakawea near Coleharbor, ND.
Our surroundings bring us the
inspiration to create delicious wines
that will bring pleasure to any palate.
What started as a dream has grown
into one of North Dakota's finest
boutique wineries. We have been
crafting fine wines for more than 20
years and are proud to be able to
offer them to you.



The Cabin Bar & Grill Facebook

THE CABIN

BAR & GRILL

1608 Dakota Drive Washburn, ND

701.462.8383

Sunday-Thursday: 11 am - 10 pm Friday & Saturday: 11 am - 12 am

MONDAY

Lunch~ Prime Rib Sandwich Broasted Chicken Buckets (Dine-In or ToGo) ~ After 5pm

TUESDAY

Lunch~ Prime Rib Sandwich German Nite: Beef-N-Kraut Strudel



BINGO NIGHT 7PM



WEDNESDAY

Lunch~ Prime Rib Sandwich Broasted Chicken Buckets (Dine-In or ToGo) ~ After 5pm

THURSDAY

Lunch~ Prime Rib Sandwich **Stuffed Peppers**

FRIDAY

Lunch~ Prime Rib Sandwich **Coconut Shrimp Dinner** FRIDAY & SATURDAY



Sponsored by Washburn American Legion Gaming

SATURDAY

Chicken, Steak or Shrimp Alfredo

SUNDAY

Pizza Day -ToGo or Dine-In





COME SEE US!

Mon. 8-6:30, Tue. - Thurs. 8-5, Fri. 8-3:30

NORTHLANDCHC.ORG TURTLE LAKE - 701-448-9225



Medical Services

- Primary care visits (adult/children)
- Preventative/wellness exams
- Sports physicals
- Immunizations
- Health education (diabetes, tobacco, weight)
- Minor surgical services
- Laboratory and x-ray services
- Chronic disease management
- Referrals
- OB care up to 20 weeks
- DOT physicals
- Employee drug screening
- COVID-19 testing

Outreach and Enrollment

- Sliding Fee Scale Program (reduced rates of 20%-100%)
- Enrollment assistance for Marketplace Insurance, Medicaid, and Medicare
- 340B pharmacy services

WORSHIP SCHEDULE

Riverdale Community Church 8:30 am (Riverdale, ND)

St. Bonaventure Catholic Church Underwood Sunday 8:30 am

* Sunday 10:30 am

St. Catherine's Catholic Church

Turtle Lake
Saturday 5:00 pm

* Sunday 8:30 am

St. Edwin Catholic Church
Washburn
Sunday 10:30 am
* Saturday 5:00 pm

* Mass Schedule Change starting 3/1/24-5/1/24





St. John's Lutheran Church (LCMS) 9:00 am (Underwood)

St. Paul's Lutheran Church (ELCA)
11:00 am (Riverdale, ND)

Trinity Lutheran Church (LCMS)
11:00 am (2 mi W & 2 mi S
of Pick City)

St. Paul Lutheran Church (ELCA) 10:30 am (from Pick City: 2 mi W, 6 mi S & ¼ mi E off of Hwy 200)



We are looking forward to Easter Baskets on March 23rd. We will have baskets along with shopping. We are asking the McLean Co residents in need to pre-register for the baskets. Sign up on this Saturday during distribution or call the pantry at 701-595-0320.

March 16th Deadline!!





"Our mission is to use all resources to eliminate hunger throughout McLean County"

THRIFT STORE MARCH DATES:

Saturday, March 16th: 10-3 pm Tuesday, March 19th: 1-5 pm

Easter Baskets Saturday, March 23rd- 9:30am-Noon

No Senior Commodities in March Area Residents in Need are Welcome.

No referrals or pre-registration required.

Location: 208 Lincoln Ave Underwood, ND

Follow us on Facebook

Community Cupboard of Underwood to get the latest information on food distribution, events and thrift store dates and times.

Please contact us if you are interested in volunteering at 701.595.0320 or email underwoodfoodpantry@amail.com





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Proud to energize the communities we serve.

1-800-263-4922

www.mcleanelectric.com





Jeanette Reim 701.955.2389

Paleo Art-Iculations

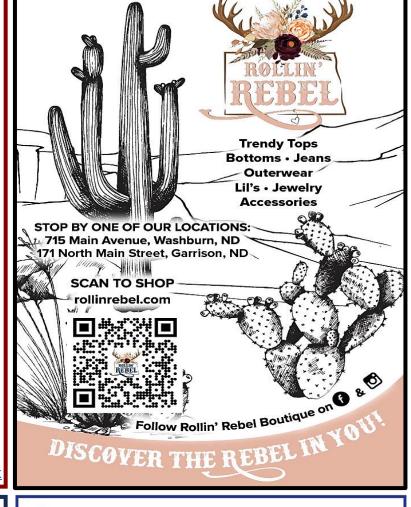
Jewelry made from 20,000-40,000-year-old wooly mammoth ivory and molars. Each piece made by hand in Underwood, North Dakota.
Pendants- rings- earrings- bolos

Special orders for you or your loved ones



The rose heart pendants are back in stock! This piece is straight out of the Victorian Era. Its delicate latte and moss green colors with pearl lace dentine make this 20,000-year-old Alaskan wooly mammoth molar the pinnacle of devine. It measures 1 5/8" long and comes with a silver chain.

f Follow my work at <u>Paleo Art-Iculations | Facebook</u>





Community Food Pantry

181 Ellsworth St Makoti, ND **701-578-5876**

Thrift Store Hours

(Winter Hours) Tues 3 – 6 pm

Thurs 4 – 7 pm Sat 10 am – 1 pm

The Thrift Store is a Free Will Donation

Food Pantry is

<u>Open</u>

10 am – 1 pm Every 4th Saturday of the month

Contact Kathy at 701.578.5876 for more information

We serve Makoti, Ryder, Plaza, White Shield, Roseglen, Parshall, New Town and also serve in the 3 counties of Ward, McLean and Mountrail.

Community Food Pantry | Facebook

Our mission statement: We will give food and necessities to all who need them, until they don't.



Ye Olde Malt Shoppe & Eatery



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Open Daily

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Weekend Specials

Ribeye, 5-piece Shrimp & Walleye

Sunday Dinner Special Turkey



Kota Theater

153 N. Main Street Garrison. ND 58540

Upcoming movies:

(all showtimes 7:30 pm unless noted)

March 15 & 16-7:30 pm

Madame Web – Rated PG-13, 1h 54m, Action/Sci-Fi 2024

Cassandra Webb is a New York City paramedic who starts to show signs of clairvoyance. Forced to confront revelations about her past, she must protect three young women from a mysterious adversary who wants them dead.

Sakakawea Area Council for the Arts





NORTH DAKOTA GAME & FISH

Game and Fish Offers Wildlife Food Plot Seed

The North Dakota Game and Fish Department is offering free seed for the 2024 growing season to landowners interested in planting wildlife food plots for pheasants.

Rather than a traditional corn or sunflower food plot, this seed mix increases plant diversity, including flowering plants from spring through fall, which will attract insects, the major diet component of pheasant chicks. Additionally, the mix will provide needed cover during spring and summer, as well as a winter food source. Other wildlife species will also benefit from this mix.

Most Game and Fish food plots are part of the department's Private Land Open To Sportsmen program, but this food plot campaign does not require a PLOTS contract, but the department is asking participating landowners to allow reasonable public access, which could simply mean providing access to hunters from time to time, putting up "Ask Before You Enter" signs around the area, or not posting the surrounding land. Additionally, landowners participating in this promotion cannot charge a fee for hunting.

Game and Fish will provide enough seed for a maximum 5-acre planting at no cost.

Landowners interested in receiving the food plot seed must <u>sign up online</u> by April 5. Seed will be available in April at Game and Fish offices in Bismarck, Jamestown, Devils Lake, Harvey, Dickinson, Williston and Riverdale.

Game and Fish private land biologists can provide technical assistance on food plot location and site preparation.

Landowners interested in additional financial incentives may be considered for the PLOTS program as well. More information is available by <u>contacting a private land biologist</u> at any Game and Fish office in the state, or email <u>ndgf@nd.gov</u>.

Hunters, Anglers Asked to Participate in Survey

The North Dakota Game and Fish Department is collaborating with North Dakota State University on a statewide survey aimed at understanding the economic impact of hunting and fishing activities in the state. The survey will be distributed via email to a random sample of hunters and anglers beginning March 11.

Participants will be asked to provide details on their expenditures related to equipment purchases, vehicles, travel, accommodations, and other associated costs incurred during hunting and fishing trips. By conducting this survey, the Game and Fish Department intends to develop a comprehensive understanding of the financial contributions made by hunters and anglers to North Dakota's economy.

If selected for the survey, hunters and anglers are encouraged to participate so their contributions are accurately reflected in important economic data used to inform hunting and fishing policies in the state.

NDGF Where to Fish Page North Dakota Game and Fish - Search Fishing Waters

North Dakota Outdoors Weekly Webcast

Spring Light Goose Conservation Order

Click the link below for information to watch the live broadcast

Spring Light Goose Conservation Order 2024 - NDGF - 03-04-2024 (youtube.com)

HOW LES

202 MAIN STREET MAX, ND 58759

MON-THURS 11 - 11 | FRI & SAT 11 - 2
SUNDAY-CLOSED
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f Red Light Bar | Facebook

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MONDAY'S
Mad Hatter Trivia

6pm

SUNDAY, MARCH 24TH Harper Weltikol Benefit~

2 year old Harper Weltikol, daughter of Lee and Kristen Weltikol, has been diagnosed with a rare form of scoliosis requiring surgery. About the same time Harper was diagnosed, Lee and Kristen found out they were pregnant again! Little Jethro made his appearance in this world a month early. Medical bills are starting to pile up from NICU and Harper's medical issues are adding to it. Breakfast benefit and silent auction at Max City Hall. More details to come.

f Harper Weltikol Benefit | Facebook



USED VEHICLE SALE

2021 Chevrolet Silverado 1500 Crew Cab LTZ				
Dark Blue, 6.2 Engine	61,500 miles	WAS \$47,995	NOW \$44,995	
2020 Chev Blazer RS AWD SUV				
Son Leather Moonroof	29,000 miles	WAS \$38 995	NAW COR 405	
2013 Buick Enclave AWD			_	
Maroon, Leather	137,000 miles		NOW \$11,995	
2021 Chevy Malibu	*	50		
Blue, Sunroof	63,000 miles	WAS \$21,995	NOW \$20,995	
2015 Chevrolet Equinox LT AWD SUV		,	•	
Gray	160,000 miles	WAS \$7,995	NOW \$6,995	
2021 Dodge Durango R/T AWD				
White		45,000 miles	\$39,995	
2019 Chevrolet Equinox LT AWD SUV				
		79,9 00 miles		
2021 Chevrolet Silverado 1500 Crew	Section Dividication	20 000	620.005	
Blue		38,000 miles	\$39,995	
2017 Chevrolet Silverado 1500 Crew		FF 000	600.005	
Gray On a District Adv Soulant		55,000 miles	\$33,995	
2008 Pontiac Grand Prix 4dr Sedan		440.000	AE 00E	
		118,000 miles	\$6,006	
2020 Chevrolet Silverado 1500 Crew		04.000	000 005	
Gray		34,000 miles	\$38,995	
2020 Rojck Enclave Essence AWD SU	JV	24.000 miles	622.005	
2004 Chevrolet 2000 HD Crew Diese	ř			
BlueBlue		19/1 000 miles	\$11 005	
2019 Chevrolet Colorado 271 Crew C		. 101,000 IIIII63	411,333	
		22 000 miles	624 005	
		32,000 niiles	\$31,995	

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4:00 pm starts Steak Night

Thursday – Saturday:

Bar Open 'till 1am

Temp Closed

Sunday-Tuesdays

Prime Rib Night

Wednesdays at 4pm - \$12 Thursday - Saturday Regular Menu

Steak & Seafood Night

4 - 9:30 pm

Annetizers

/				
Corkscrew Shrimp				
Pepper Jack Mac N Cheese Bites				
French Fries				
Cheeseballs				
Tater Tots				
Wisconsin Cheese Curds				
Chicken Cordon Bleu Balls				

Entrees

12 oz. Prime Rib Steak	French Dip	Fleischkuekla
12 oz. Ribeye Steak	Reuben	Patti Melt
Grilled Shrimp Skewers	Grilled Cheese	Prime Rib Sandwich with Coleslaw & French Fries
Walleye	Chicken Strip Basket w/	Homemade Specia Each Wednesday
Calamari	slaw and FF	
Calalilaii	Walleve Basket w/ slaw	



Burgers

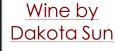
Grilled Cheese	
Chicken Strip Basket w/ slaw and FF	
Walleye Basket w/ slaw and FF	
Corkscrew Shrimp w/ slaw and FF	

ecials lay & Thursday

Check out NEW items coming to our menu!

Classic Burgers-seasoned ½ Ib. beef patty	Double Bacon Cheeseburger	
Hamburger	German Burger	
Cheeseburger	Chipotle Burger	
Double Cheeseburger	Bleu Cheeseburger	
Bacon Cheeseburger	BBQ Swiss Burger	

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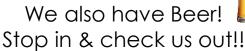
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All Things Garrison Dam

The U.S. Army Corps of Engineers continues to update and maintain an interactive web application pertaining to ice access locations: https://arcg.is/1DnGy00.

The web application displays all approved ice access locations and status that users can access easily from any computer or smart phone. Users can also download the ESRI application to an iPhone or Android -the ArcGIS Explorer application is free. Open the ESRI application and search, 'Lake Sakakawea ice access.

The Construction of the Garrison Dam A Big Job - Allis Chalmer film

A Big Job - Allis Chalmers film - YouTube

The history & construction of not only the Garrison Dam but the communities which evolved because of it, is a special part of this area's history.

This 19-minute Allis Chalmer film is a treasure. Click the active link above to watch the live broadcast. (online version of The Dam News).

USACE GARRISON DAM

Current Elevation (3.6.24) 1835.18 ft

U.S. Army Corps of Engineers: Missouri River Basin, Water Management Division



Becky Duvall

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A printed copy available at the following locations:

Riverdale

Changing Styles Salon, Knights Bar & Grill, & Spillway Coffee House

Pick City

Scott's Bait & Tackle, Teresa's Grocery, Little's Bar & Grill & The Dam Bar & Steakhouse

Underwood

Soda's & Things, Bravera Bank, Cottingham Insurance & Grimsley's

Garrison

Garrison CVB, Flowers-N-Things, Garrison Insurance, S & J Hardware, Chase Pharmacy, Ye Olde Malt Shoppe, Java's Lair & Rollin Rebel Boutique.

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Red Light Bar & Cenex

Harbor Bar, Bison Sports Bar, Bee's Cafe-Hazen, Totten Trail, Hwy 83 Lawn & Leisure, Wolf Creek Winery and more locations in the near future.

The Dam News

Published every Wednesday

The Dam News, LLC
Brenda Beran, Publisher & Managing Editor
605.660.0104

Email to:

thedamnewseditor@gmail.com
All personal ads must be prepaid.

For billing & payments, please mail to:

The Dam News, LLC PO Box 736 Riverdale, ND 58565

Ad Rates

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Business Card Size (2"x3") \$5/week

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1/2 page \$10/week

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Deadline for submitting advertisements & updates must be received by Noon on Mondays unless otherwise indicated.

The Dam News, My story

When I moved to this area a few years ago from out of state, I realized that all things revolve around beautiful Lake Sakakawea. The communities wouldn't be here if it wasn't for the Dam and because of the incredible history in this area, The Dam News will celebrate all communities and those within that make this so special. ~Brenda

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March warmer is Happy Hare & scent of the Cotton Candy Tails Wild strawberry hops with creamy caramel & sweet spun sugar) Follow my FB page for updates!



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