



# The Dam News

November 1, 2023, Vol. 44

## NATIONAL DONUT DAY

### [National Day Calendar](#)

National Donut Day (also known as [National Doughnut Day](#)) on November 5th is one of two observed by donut lovers across the nation. The first Friday in June is the other day donuts steal the bakery case spotlight ready to tease their way into white bakery box and go home!

#### **#NationalDonutDay**

Visit the June page for more information on the other [National Doughnut Day](#) celebration.

History disputes the origin of the donut. One theory suggests Dutch settlers brought donuts to North America much like they brought other traditional American desserts. They receive credit for such desserts as the apple pie, cream pie and cobbler.

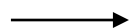
Donut shapes are as varied as their history. Was the original donut round? If so, American Hanson Gregory laid claim to inventing the ring-shaped donut in 1847 while working onboard a lime-trading ship. Only 16 at the time, Gregory claims he punched a hole in the center of dough with the ship's tin pepper box. Later, he taught the technique to his mother.

Traveling further back in time, we look at an English cookbook. According to anthropologist Paul R. Mullins, an 1803 volume included donuts in the appendix of American recipes. However, the earliest recorded usage of the term donut is found in a short story in a Boston Times article about "fire-cakes and dough-nuts" published in 1808. A more commonly cited first written recording of the word is Washington Irving's reference to donuts in 1809 in his *History of New York*. He described balls of sweetened dough, fried in hog's fat. The author called them donuts. Today, these nuts of fried dough are called donut holes.

Another author, William Cullen Bryant describes donuts fried in lard in his book *Picturesque America; Or, the Land We Live In* which was published in 1872.

#### **Donut versus Doughnut**

- Print ads for cake and glazed donuts and doughnuts existed from at least 1896 in the United States.
- George W. Peck published *Peck's Bad Boy and his Pa* in 1900. It contained the first known printed use of donut. In it, a character is quoted as saying, "Pa said he guessed he hadn't got much appetite, and he would just drink a cup of coffee and eat a donut."
- In 1919, the Square Donut Company of America was founded. Square donuts offer an easier-to-package product.



## National Donut Day cont.

The more traditional spelling is doughnut. However, both doughnut and donut are pervasive in American English.

Donuts come in a large variety of recipes, flavors and toppings. However, just like many pastries, we are only limited by imagination and the ingredients at hand. From syrups and jellies to sprinkles and custards, top them, fill them, bake them or fry them. Donuts have a mouth-watering way of glazing and dusting their way into our shopping carts. They also slip into the break room at work to share.

## HOW TO OBSERVE NATIONAL DONUT DAY

Stop at your favorite donut shop and indulge in a fresh donut or try making your own with one of the following recipes:

[Best Baked Doughnuts Ever](#)

[Easy Drop Doughnuts](#)

[Easy Doughnuts](#)

[Chocolate Doughnuts](#)

Use #NationalDonutDay to post on social media.

## NATIONAL DONUT DAY HISTORY

National Day Calendar® continues researching the origins of this donut holiday.

## Donut FAQ

Q. Do all donuts have yeast in them?

A. No. There are different types of donuts: yeast donuts, French crullers and cake donuts. Only the yeast donuts contain yeast.

Q. How many donut days are there?

A. We love our donuts so much that there are two donut days on the calendar. The other is in June.

# PUMPKIN CRISP

[thefedupfoodie.com](http://thefedupfoodie.com)



## Shortbread Crust

- 1 1/2 cups all purpose flour
- 1/4 cup granulated sugar
- 1 teaspoon ground cinnamon
- 2 teaspoons ground ginger
- 1/2 cup cold butter \*cubed

## Pumpkin Layer

- 1 cup granulated sugar
- 2 teaspoons cinnamon
- 1 teaspoon ground ginger
- 1/2 teaspoon ground cloves
- 1 teaspoon salt
- 2 15 oz cans pumpkin puree
- 4 large eggs
- 2 14 oz cans sweetened condensed milk

## Crumble Topping

- 1 cup all purpose flour
- 1/2 cup granulated sugar
- 1/2 cup packed brown sugar \*either light or dark
- 1 teaspoon cinnamon
- 1/2 cup rolled oats
- 1 teaspoon baking powder
- 1/2 cup chopped pecans
- 1 teaspoon vanilla extract
- 1 large egg \*whisked
- 6 tablespoons butter \*melted

**Shortbread Crust** In a medium sized mixing bowl combine flour, sugar, cinnamon and ginger. Mix well. Using a pastry cutter cut in butter until mixture resembles coarse crumbs. Press into an ungreased 13x9 inch baking pan. Set aside. **Pumpkin Layer** Preheat oven to 425°F. Mix together the sugar, cinnamon, ginger, cloves and salt in a small bowl. In a separate bowl whisk eggs. In a large mixing bowl using a hand mixer (or stand mixer), beat pumpkin with eggs. Add sugar and beat well making sure to scrape down sides of bowl. Gradually beat in sweetened condensed milk scraping down sides of bowl often. Pour pumpkin mixture over shortbread crust. Bake at 425°F for 15 mins. Lower temperature of oven to 350°F and continue baking for 30-35 minutes or until pumpkin is mostly set. **Crumble Topping** In a medium sized mixing bowl add flour, sugars, cinnamon, baking powder, rolled oats and pecans. Stir well. To the bowl add vanilla and egg. Stir until the moisture of the egg and vanilla are evenly distributed and the mixture becomes crumbly. Raise temperature of oven to 400°F. Sprinkle crumble mixture evenly over the top of the pumpkin and drizzle with melted butter. Bake for 20 mins or until crumble topping is golden brown and cake tester comes out clean when inserted into the center of the crisp. Let cool completely at room temperature. Top with ice cream or freshly made whipped cream. Store leftovers covered in the refrigerator. Serves 15

# CAFFEINATE *shop* CREATE



Beginning November 16th,  
a *new collaboration* begins at  
**171 N. Main Street, Garrison, ND**

Grab a cup of joe at Java's Lair and stop into Rollin Rebel  
to shop the latest fashion and **holiday deals!**

**HOURS:**  
Tues. - Fri.  
8am - 5pm  
Sat.  
10am - 2pm



**Java's Lair**

[Java's Lair](#)



[Rollin' Rebel Boutique](#)

Shop 24/7 @ [rollinrebel.com](http://rollinrebel.com) and [javaslair.com](http://javaslair.com)

Follow Rollin' Rebel Boutique and Java's Lair on &

## ATTENTION: DEER HUNTING WIDOWS!



While the hunters are away...  
the women shall have a ladies day!

Come in to shop our rebellious fashions and enjoy a refreshment.  
BRING YOUR FRIENDS!  
You will certainly find a few favorites!!  
AND GREAT DISCOUNTS!!

**FRIDAY & SATURDAY  
NOVEMBER 10th & 11th**

**715 Main Avenue | Washburn, ND**

[Rollin' Rebel Boutique](http://Rollin'RebelBoutique)



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Follow your nose to [BeagleBuds.com](http://BeagleBuds.com)!

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CURRENT MARKET ANALYSIS  
OF YOUR HOME!

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• JEWELRY BOUTIQUE ITEMS  
• QUILT NOTIONS  
CANDY & POP • SEASONINGS  
& SAUCES • & MUCH MORE!

LONG-ARM QUILTING SERVICES

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Formerly | North Main



**Kimi Fischer, Owner**  
**(701) 891-1709**

Email: [kimisfoodservices@gmail.com](mailto:kimisfoodservices@gmail.com)  
 Online: [www.kimisfoodservices.weebly.com](http://www.kimisfoodservices.weebly.com)

# Events & Catering

## Food Truck - Cafeteria

Email: [kimisfoodservices@gmail.com](mailto:kimisfoodservices@gmail.com)  
 Online: [www.kimisfoodservices.weebly.com](http://www.kimisfoodservices.weebly.com)

**701.891.1709**

**Homemade Goodness to Go!**

Custom Per-Person Catering  
Pricing Available-Just Ask!

### Individual Homemade Frozen Meals

**ONLY \$6**

Kimi's can deliver 6 or more or arrange to pick up at a neutral location. Great for lunches, those alone who would like a home cooked meal. **Let me help you have an awesome homemade meal you deserve!** Options change from week to week so please call if wanting something specific. *This week we have the following options available:*

	Quantity to order
Beef Fajita Wrap-4	
Lasagna Soup-2	
Taco Soup-1	
Cheesy Chicken-3	
Prime Rib Sandwich-3	
Meatballs, Mashed, Gravy-5	
Chicken Cordon Bleu-1	
Pizza Burger-2	
Chili-8	
Sloppy Joe-13	

Bacon Gouda Grilled Cheese-1	
Pizza Pasta-2	
Hamburger Stroganoff-6	
Chicken Fajita Wrap-6	
Italian Peppers & Sausage Sub-2	
BBQ Meatballs-17	
Enchilada Meatballs-15	
Roast Beef, Mashed	
Chicken Carbonara-7	
Chicken & Dumpling Soup-3	
Cowboy Pasta-8	
Wings-9	
TatorTot Hotdish-11	
Chicken Wild Rice Soup-5	
Chicken Strips-2	
Taco Pasta-4	



[Kimi's](http://www.kimisfoodservices.com) "Kimisfoodservices" for Daily Specials and Events



**Kimi Fischer, Owner**  
**(701) 891-1709**

Email: [kimisfoodservices@gmail.com](mailto:kimisfoodservices@gmail.com)  
Online: [www.kimisfoodservices.weebly.com](http://www.kimisfoodservices.weebly.com)

# Events & Catering

## Food Truck - Cafeteria

Email: [kimisfoodservices@gmail.com](mailto:kimisfoodservices@gmail.com)

Online: [www.kimisfoodservices.weebly.com](http://www.kimisfoodservices.weebly.com)

 [Kimi's](#) 701.891.1709

scan me 



### [2023 Boot Walk to End Cancer | Support Becky | - Houston, Texas - MD](#) [Anderson Cancer Center \(convio.net\)](#)

This beautiful young mother battles an incurable cancer... she has two beautiful sons who are my grandsons...she lives in TX...she moved there to be by one of two specialists for her rare form of cancer...I donate for many causes locally...I have never asked for you to donate to me or my family...last year she had a life saving procedure that is at MD Anderson ...I am flying to TX, Thursday, Nov. 2 to do her walk with her to raise much needed funds to keep researching and giving hope to people like my amazing daughter... this is near and dear to my heart...If you could help us and donate contact me. Kimi 701-891-1709 or pm me. Thank you!





# Iron Oar Pub and Grill

507 Missouri Drive, Riverdale ND

701.654.7100

Thursday - Sundays 4pm

## THURSDAY

Prime Rib

## FRIDAY

Hanger Steak, Lobster Tail, Prime Rib

## SATURDAY

Prime Rib & All You Can Eat Crab Legs!

## SUNDAY

Seafood Platter!



### UPCOMING CHRISTMAS PARTIES!

Private venue. Small or large party. Discounted Rooms available. Catering and specialty cocktails. Call Nate 701.654.7600

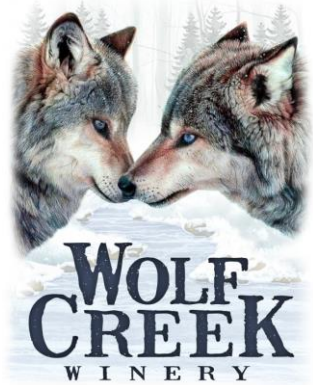
Upcoming Christmas Parties large or small are welcome. Call Nate at 701.400.0486 if you have any questions.



Follow us on Facebook and Instagram for full menu and weekly updates.



[Iron Oar Pub and Grill](#)



# Wolf Creek Winery

**Wolf Creek Winery currently produces approximately 19 varieties of grape and fruit wines. We support local, and source as much fruit locally as we can.**

Wolf Creek Winery offers off-sale, tastings, and tours by appointment at 3631 8R Street NW, Coleharbor ND, 701-220-7237. You may also order online and pick up at the winery, or we can ship to 35 different states.

**Wolf Creek Wines are available locally at the following locations:**



Bronson's Liquor, 201 West Main Street, Beulah ND  
Grimsley's Convenience Store, Underwood ND  
Hiway 83 Express, 153 Case Street, Washburn ND  
J Aurthers Flower & Gifts, 213 Main Street, Turtle Lake ND  
Krause's Liquor Store, 339 4th Ave SE, Garrison, ND  
The Rusted Rail Bar & Grill, Underwood ND (off Highway 83)  
Totten Trail Bar and Grill, along Highway 83 at Lake Audubon ND  
Little's Bar & Grill, Pick City, ND  
Iron Oar Pub & Grill, Riverdale, ND  
Visit our website: [www.wolfcreekwinerynd.com](http://www.wolfcreekwinerynd.com),  
Email: [randy@wolfcreekwinerynd.com](mailto:randy@wolfcreekwinerynd.com) or call us at  
**701.220.7237**. Also make sure to Follow us on  
Facebook [Wolf Creek Winery](#) & Twitter.

Also available at:  
Broadway Liquor, 1030 N. Broadway, Minot ND  
Captain Jacks Liquor Land West, 1100 Turnpike Ave, Bismarck ND  
Cash Wise Liquor, 900 43rd Ave. N.E., Bismarck ND  
Cash Wise Liquor, 1144 East Bismarck Expressway, Bismarck ND  
Cash Wise Liquor, 3208 16th Street SW, Minot ND  
Lucky's Liquor Store, 450 12th ST West, Dickinson ND  
Lucky's Express Liquor Store, 1005 E Villard Street, Dickinson, ND  
Medora Convenience Store, 200 Pacific Ave, Medora ND  
Medora Uncork'd, 370 Pacific Avenue, Medora ND  
Wild Flour Cafe & Bakery, 718 Elk Street, Alexander ND  
Wild Vines Market, Beach ND  
WILLIQUORS Liquor Store, 3025 Yorktown Drive, Bismarck ND

## Flowers-N-Things

31 N Main St  
Garrison, North Dakota 58540

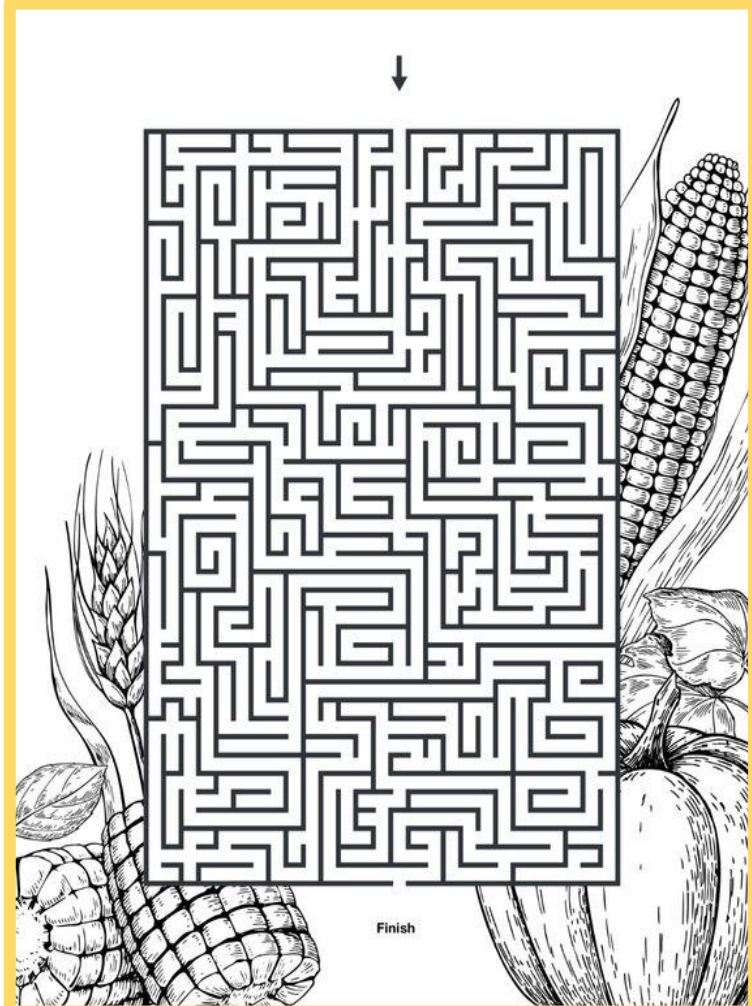
**Office: 701-463-2003**

Fax: 701-463-2008

✉ [flowersnthings@restel.com](mailto:flowersnthings@restel.com)

🌐 [www.garrisonfloral.com](http://www.garrisonfloral.com)

*Flowers Whisper What Words Can Never Say*





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To View All  
Properties

 [www.ruthjulson.com](http://www.ruthjulson.com)

 [ruth@c21morrison.com](mailto:ruth@c21morrison.com)

Mobile:  
701.870.2775



1045 Highway 83 washburn, ND 10+/- Acres

# WATERFRONT PROPERTY FOR SALE



3625 Wolf Creek Road, Coleharbor, ND 1+/- Acres

Ruth Julson  
REALTOR®  
Mobile:  
701.870.2775

Ready to turn your passion for fitness into your own business? Great location easy access and off-street parking. Established business, turnkey ready and existing client base. Private office and reception area plus spacious entrance. Other features include laundry, two restrooms, showers, garage door access and much more! **(Click the link to see the full listing)**

[Surge Fitness 246 Main Street W Hazen ND](#)



Check out this great building and/or business opportunity in Hazen.



# 2024 West McLean SCD Tree Order Form

140 5th ave SW, Garrison ND 58540 --- Email: [westmcleanscd@restel.com](mailto:westmcleanscd@restel.com)

All tree sales are in bundles of 25 trees

Email or Mail orders to the addresses listed

Evergreen Trees	\$ 40 / 25 Trees
Cedar, Eastern Red	
Juniper, Rocky Mtn.	
Larch, Siberian	
Pine, Ponderosa	
Pine, Scotch	
Spruce, Black Hills	
Spruce, Blue	

Deciduous Trees	\$40 / 25 Trees
Apricot, Manchurian	
Ash, Green	
Aspen, Quaking	
Boxelder	
Cottonwood, Seedless	
Crabapple, Dolgo (Larger fruit)	
Crabapple, Midwest	
Crabapple, Red Splendor	
Hackberry	
Hawthorn	
Maple, Amur	
Oak, Bur	
Pear, Ussurian	
Poplar, Hybrid	
Willow, Golden	

Other Products	
Fabric Roll - 500 ft = \$500	
Staples - box of 500 = \$90	
1lb Granular Plantskydd = \$15	
3lb Granular Plantskydd = \$30	
1 qt Liquid Plantskydd = \$20	
Plantskydd Concentrate = \$30	

Shrubs	\$40 / 25 Trees
Almond, Russian	
Aronia, (Black Chokeberry)	
Buffaloberry	
Chokecherry, Common	
Chokecherry, Schubert	
Caragana	
Cherry, Nanking	
Cherry, Sand	
Currant, Golden	
Currant, Black	
Dogwood, Redosier	
Elderberry	
Grape, Riverbank	
Juneberry	
Hazelnut	
Honeysuckle	
Indigo, False	
Lilac, Common	
Lilac, Villosa	
Plum, American	
Rose, Hasen Hedge	
Seaberry	
Sumac, Skunkbush	
Willow, Sandbar	

For Office Use Only	
Total Bundles x \$ 40 =	\$
Retail Products Total =	\$
Tax Exemption for Farm	Y / N
Sales Tax = Total x .07	\$
Total Order =	\$
Payment due at time of tree pickup	

**Order Deadline is March 29th, However many species may be out of stock at the nursery by this time.**

Order received in the fall to early winter have the best chance of availability

**Order will not be accepted after March 29th**

**All trees are conservation grade - 12" to 24"**

**Tree arrive in late April to Early May**

 [www.westmcleanscd.com](http://www.westmcleanscd.com)

 [West McLean Soil Conservation District](#)

*Thank You!*

Date	
Name	
Phone	
Mailing Address	
City	
State	
Zip Code	

If you do not live full time in the county and will not be available to pick your trees up in the spring please purchase your trees from your local conservation district.



# Times of the Year

W G L I R J U L Y X Z A P R I L F  
 N E L D E C E M B E R H A J G N A  
 M Y W N O V E M B E R T S X M T L  
 I M E Z K J O Q M N H O U R I M L  
 N O E J Q I M F J A N U A R Y O O  
 U R K L W W E D N E S D A Y Z N W  
 T M A R C H K E G R W C U B Q T L  
 E F E B R U A R Y W I L V M Z H T  
 X T X O C T O B E R N D G O F M U  
 A E W R L X W R Y N T Y P N M T E  
 U M S P R I N G E Q E E W D R H S  
 G J U N E O D L A X R A F A Y U D  
 U F R I D A Y Q R C M A Y Y R R A  
 S S A T U R D A Y S U M M E R S Y  
 T U X S U N D A Y H N X B J U D L  
 U S E P T E M B E R U K Z M S A J  
 K D S P O P F H D A Y X N Z Z Y R



January  
 February  
 March  
 April  
 May  
 June

July  
 August  
 September  
 October  
 November  
 December

Spring  
 Summer  
 winter  
 fall  
 minute  
 hour  
 day  
 week  
 month  
 year



Monday  
 Tuesday  
 Wednesday  
 Thursday  
 Friday  
 Saturday  
 Sunday



**KR Auto Restoration**

**405 Dakota Ave Riverdale, ND (701) 500-5828**

Auto Collision Repair | Auto Detailing | Boat Detailing  
Custom Painting | Auto Sales

 [KR Auto Body Repair Restoration LLC](#)  [KR Auto Body Repair Restoration](#)

Check out my website and follow me on my Facebook page by clicking the links above where you can also view examples of my work.

### KR Auto Sales



2014 GMC SIERRA  
1500 CREW CAB  
143883 mi  
\$27,500

2011 RANGE ROVER  
LR4 HSE  
148064 mi  
\$12,500



Boat for Sale

### KR Auto Body Repair Restoration LLC

We are locally owned & operated with over 35 years of experience. We are dedicated to providing the best auto body shop services, all with the customer service and reasonable pricing that you deserve. Call us at 701.500.5828

### Auto Collision Repair



## SPECIAL WINTER SERVICE

### FOR YOUR BOAT & VEHICLES

Get your boat clean and protected with UV protection wax and sealants to ensure it keeps that like new look and prevent damage caused by the harsh summer elements on the water.



Now is the ideal time to clean and protect your vehicle with UV wax and graphene protection to shield it from salt and road grime during the upcoming winter.





# Be safe.

Equipment is the primary source of horsepower on the farm. It's also tied to the greatest number of severe farm injuries. Respecting and using the equipment properly is vital. Put safety first and everything else second.



4031 Hwy 37 | Bypass Garrison, ND  
<http://www.mcleanelectric.com/>  
701.463.6700 | 800.263.4922



## Community Cupboard of Underwood

*"Our mission is to use all resources to eliminate hunger throughout McLean County"*

### THRIFT STORE NOVEMBER DATES:

- Tuesday, November 7<sup>th</sup> : 1-5 pm
- Tuesday, November 14<sup>th</sup> : 1-5 pm
- Tuesday, November 21<sup>st</sup> : 1-5 pm
- Tuesday, November 28<sup>th</sup> : 1-5 pm

**Open to the public**

Location: 208 Lincoln Ave Underwood, ND

 Follow us on Facebook

[Community Cupboard of Underwood](#)

to get the latest information on food distribution, events and thrift store dates and times.

**Please contact us if you are interested in volunteering at 701.595.0320 or email**

 [underwoodfoodpantry@gmail.com](mailto:underwoodfoodpantry@gmail.com).

## Daylight Saving Is Now About To End!

## Time To Fall Back



# Scott's Bait & Tackle



71 Main Road East  
Pick City, ND

Phone- 487-3343

Open 7 days a week

Convenience Store, Gas &  
Propane, Bait & Tackle, ATM  
Machine



# HIGHWAY 83 LAWN & LEISURE

1619 Highway 83 NW , Garrison, ND



*Your Lake's Area Mercantile*

(701) 337-2500

Follow us at Highway 83 Lawn & Leisure

 [Highway 83 Lawn & Leisure](#)

 [www.hwy83lawn@gmail.com](mailto:www.hwy83lawn@gmail.com)

## FALL HOURS

Monday – Thursday:

6:30 am – 5:00 pm

Fri: 6:30 am – 6:00 pm

Sat: 6:30 am – 5:00 pm

Sun: 8:00 am – 2:00 pm

## It's Heeeeeere!

## WINTERTIME!!!

**Blower running right or maybe  
it's time for a new one?**

Stop by Hwy 83 Lawn Leisure and Tools  
for your repair needs or new  
Toro Snowblowers and Throwers!

Shop in heated comfort!

Visit our website at:

[hwy83llt.com](http://hwy83llt.com)

View our E-Catalog:

[eCatalog Center - Home](#)  
 [\(catalog-display.com\)](http://catalog-display.com)



# Christmas

## VENDOR SHOW

### Sunday

## December 10th

Entertainment  
& DJ Provided  
by Funtyme  
Karaoke & DJ  
Service

### Noon-6pm

## RIVERDALE HIGH LODGE COLISEUM Riverdale, ND

Please join us to celebrate the spirit of the season together. This is a perfect shopping day for last minute Christmas gifts & a wonderful way to support small businesses & local. Thank you for supporting this mission for Ava's Light & for more information, contact us at [avaslightevents@gmail.com](mailto:avaslightevents@gmail.com) or follow us on our group Facebook page

[The Dam News](#)



Ava's Light, LLC

# KNIGHTS BAR & GRILL



401 3<sup>rd</sup> St. | Riverdale, ND  
701-654-9559



[www.riverdalehighlodge.com](http://www.riverdalehighlodge.com)

 Follow us at Riverdale High Lodge Knights Bar & Grill



**FOOTBALL WEEKENDS AT KNIGHTS**  
5 Big Screen TV's and Tailgate Food

 **BISON SATURDAYS** 

**NFL SUNDAY TICKET AT RIVERDALE HIGH LODGE**

## KNIGHTS is now hiring the following positions:

**Cooks, Housekeepers, Servers/Wait Staff & Bartender.**

Sat. Dec 9<sup>th</sup> @ 5:30 pm

**Sakakawea Chapter Ducks Unlimited  
Riverdale Raffle "Knight"**

Saturday December 9th @ 5:30 PM

Join us at the

Riverdale Knights Bar and Grill

**Gun Raffles & Silent Auction**

Winning and fun all "Knight"

**Free to attend!!!**



Food and Drinks can  
be ordered from the  
Bar and Grill

## Hours

Open 2pm Daily

### Happy Hour

Monday - Thursday 4 pm - 6 pm

### Grill Hours

Monday - Thursday, Sunday

2 pm - 9 pm

&

Friday - Saturday

2 pm - 10 pm

## **Wednesday's**

**7:00 pm**



1<sup>st</sup> Blackout 54#'s : \$871

2<sup>nd</sup> Blackout 58#'s: \$4,000

JACKPOT OVER \$4,000

**Every**

**Friday & Saturday**



Color by

# NUMBER



= 1



= 4



= 7



= 2



= 5



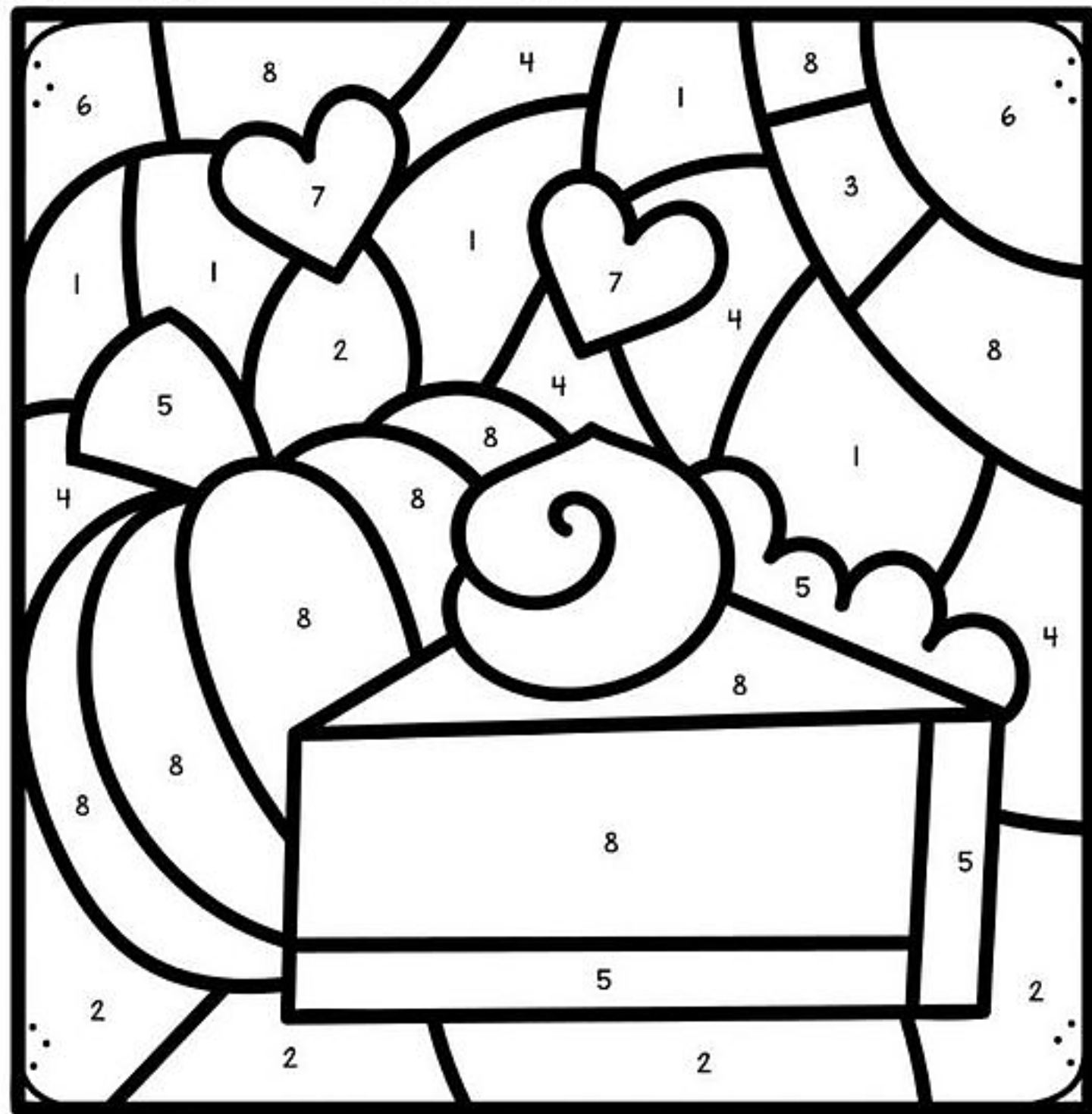
= 8



= 3



= 6







**BRAVERA**

**Bravera: so life  
can *forge on.***

*Forge your path.*

[bravera.bank](http://bravera.bank)

Member  
**FDIC**

ADV-335

# Teresa's Grocery

10 Main Road East, Pick City ND

Open Daily- 9 a.m.-6 p.m.

Phone- 487-3000

**Forgot your Orange Hat for Deer Season? Or gloves to keep your fingers warm? We can help with that!!**



**Good Luck  
Deer Hunters!**

*We Carry Groceries, Hats, Gloves,  
Cell Phone Accessories, Gift Items,  
ND Souvenir's, Clothing, Blankets,  
Toys, Everyday Essentials,  
Greeting Cards & More!*



**DAKOTA  
FARMS**  
FAMILY RESTAURANT

Open

7am to 4pm

Daily

1317 Border Ln,  
Washburn, ND

(701) 462-8175

Dine-in \* Takeout

[dakotafarmsrestaurants.com](http://dakotafarmsrestaurants.com)

**BREAKFAST. BRUNCH.  
LUNCH. GREAT EATS.  
GOOD TIME.**

Everything on the menu is house-made,  
and fresh to order!

North Dakota's Top Spot to Enjoy the  
Most Important Meal of the Day

Follow us on Facebook for our Daily Specials!

[Dakota Farms Washburn](https://www.facebook.com/DakotaFarmsWashburn)

# FREE

Front Load Maytag Washing Machine

Excellent Condition

To Inquire please call **701.460.6609**



# Gratitude

## 30 Day Challenge

[www.mtpsychiatry.com](http://www.mtpsychiatry.com)

What family memory are you thankful for?	Take a different route to work and enjoy the new scenery.	What's the biggest challenge you've overcome? Celebrate it!	Make an effort to share your gratitude with others today.	Go to bed earlier and write down 3 good things that happened today.
Go a day without complaining.	Mail a hand-written note to someone.	Do a random act of kindness.	Think about a food or dish you associate with family traditions.	Listen to your favorite song!
Try a DIY project to spark creativity.	Have a family dinner or join a friend for a meal.	Say aloud 3 good things that happened today.	Write down one bad habit you can change.	Take a break from technology (for as long as you can.)
Stretch before you get out of bed in the morning.	Write down an inspirational quote that motivates you	Find 5 things in your closet you can donate this holiday season.	Give 3 compliments to different people today.	Have your favorite dessert or treat!
Go for a 15-minute walk outside today (invite a friend!)	Use kind words and positive self-talk.	Call an old friend or family member (no texting!)	Look at the stars tonight and enjoy the silence.	Do a guided meditation session.
Post a positive affirmation to your bathroom mirror.	Celebrate something you accomplished today.	Let go of something that's holding you back in life.	Do nothing	Create a 'glass half full' attitude for next month & beyond!

# Ye Olde Malt Shoppe & Eatery



72 N Main St.  
Garrison, ND

701.463.2322

Open Daily

Breakfast, Lunch & Dinner

8 am – 8 pm



For Full Menu and Online Ordering visit us at: <https://yeoldemaltshoppe.com/>

 Follow us at [Ye Olde Malt Shoppe](#) Daily Specials

ONLINE ORDERING \* WE DELIVER IN TOWN \* TO GO ORDERS \* DAILY SPECIALS \* WEEKEND SPECIALS

## Weekend Specials

\* Ribeye \* 5-piece Shrimp \* Walleye

## Sunday Dinner Special

**Turkey**

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# DAM BAR AND STEAKHOUSE

CELEBRATING 25 YEARS

35 Main Rd E.  
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 [The Dam Bar & Steakhouse](#)

Established in 1947

**The Dam Bar** - Top 10 BEST Dive Bars in the state of North Dakota & the first structure built in Pick City!  
More of our Local Best. Congratulations to Little's & The Iron Oar as North Dakota's Top 10 Best Small-Town Bar & Grills with Little's coming in at #1! Great and fun things happening around Lake Sakakawea! Come join us!



## THE DAM BAR IS OPEN



Wednesday – Saturday 3 pm – Close

### STARTERS

Combination Platter  
Deep Fried Pickles  
Hot Wings  
Crispy Battered Mushrooms  
Calamari  
Chicken Nuggets

Jalapeno Poppers  
Cheddar Cheese Curds  
Mozzarella Sticks  
Chicken Drumsticks  
Onion Rings  
Chicken Gizzards

### GENEROUS SALADS

Chuckie Salad-  
grilled or breaded chicken with the works  
House Salad-  
bacon, olives, tomatoes, onion, cheese

### HAND CUT STEAKS

Filet Mignon 8 oz.      Ribeye 10 oz.  
New York Strip 10 oz.      Beef Tenderloin 8 oz.  
Bacon Wrapped      Sirloin 8 oz.  
Sirloin 8 oz.

### 14" DAM BAR PIZZA Made From Scratch

Toppings include Canadian Bacon, Sausage, Pepperoni, Chicken, Green Peppers, Mushrooms, Olives, Onions, Sauerkraut

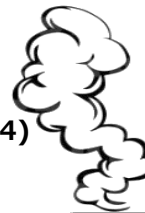
### DINNERS

Pork Chops 8 oz.      Walleye 10 oz.  
Hamburger Steak 10 oz.      Jumbo Steamed Shrimp (4)  
Chicken Strips      Shrimp Skewers (3)  
Breaded Shrimp

### BURGERS & SANDWICHES

*Signature Burgers*  
Dam Burger  
Dam Cheeseburger

Cheeseburger      BBQ Pork  
Hamburger      Patty Melt  
Bacon Cheeseburger      Fleishkueckle  
BLT      Chicken Breast  
Fish Burger      *(grilled or breaded)*



## THE DAM SMOKE SHAK

*No Smoke Shak  
This Weekend*



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McLean-Mercer Regional Library

216 Second Street Riverdale, ND

Phone: 701-654-7652

[www.riverdalendlibrary.com](http://www.riverdalendlibrary.com)

Public Access Computers, Children's Computer,  
Wireless Internet Access, Printer, Copier, Fax, McLean  
& Mercer County Newspapers, eBooks & Digital  
Magazines, Board Games



## Library Hours:

Monday - Friday

8- 12 &

1-5 pm



Like and Follow us at

**McLean-Mercer Regional Library**

[McLean-Mercer Regional Library](http://McLean-Mercer Regional Library)

*McLean-Mercer Regional Library is headquarters for a  
consortium of public libraries in the communities of:  
Beulah, Garrison, Hazen, Max, Stanton, Turtle Lake,  
Underwood, Washburn.*



# Changing Styles

**701.898.8954**

302 2<sup>nd</sup> ST. RIVERDALE, ND

## HOURS

THURSDAY 10-6

FRIDAY 10-6

SATURDAY 9-3

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# NORTH DAKOTA GAME & FISH

## Deer Season Questions and Answers

Every year the North Dakota Game and Fish Department receives [questions from deer hunters](#) to clarify rules and regulations. Some common questions are listed below. Hunters with further questions are encouraged to visit the Game and Fish Department's website, [gf.nd.gov](http://gf.nd.gov), or call 701-328-6300, from 8 a.m. – 5 p.m. weekdays.

*I have a concurrent season license. When can I use it?* The license can be used during archery season with a bow; deer gun season with a bow, rifle or muzzleloader; or the muzzleloader season with a muzzleloader. You are restricted to the type of antlerless deer printed on the license and must stay in the unit to which the license is assigned.

*Can hunters age 14 or 15 (in 2023) with a youth season license who did not harvest a deer during the youth season, hunt the regular deer gun season with this license?* Yes, but you are subject to the restrictions listed on the license.

*Can hunters age 11, 12 or 13 (in 2023) with an antlerless white-tailed deer license who did not harvest a deer during the youth season, hunt the regular deer gun season with this license?* Yes, but you are subject to the restrictions listed on the license.

*I was unsuccessful in filling my mule deer buck license in a restricted unit during the youth season. Can I hunt the remainder of the state during the regular gun season?* No. You are restricted to the same unit as during the youth season.

*I shot a deer, but it is rotten. What can I do?* You must take possession of the animal by tagging it. A license only allows the opportunity to hunt. It is not a guarantee to harvest a deer, or to the quality of the animal.

*What should I do if I find a wounded deer?* Contact a game warden. Do not shoot the deer unless you want to tag it or are instructed by the warden to do so.

*Is camouflage blaze orange acceptable for the deer gun season?* No. You must wear both a hat and outer garment above the waistline totaling at least 400 square inches of solid daylight fluorescent orange.

*I hunt with a bow. When do I have to wear orange?* Only during the regular deer gun season.

*Can I hunt road rights-of-way?* Do not hunt on road rights-of-way unless you are certain they are open to public use. Most road rights-of-way are easements under control of the adjacent landowner and are closed to hunting when the adjacent land is posted closed to hunting.

*Can I hunt on a section line if it is posted on both sides?* No. If the land is posted on both sides, the section line is closed to hunting, but open for travel.

*Can I hunt over bait on private land?* It is unlawful to hunt over bait, or place bait to attract big game for the purpose of hunting, [in deer hunting units impacted by chronic wasting disease](#).

*Can I take the carcass outside of the unit?* The entire carcass can be transported outside of the gun unit where it was harvested. If transported out of the gun unit, the carcass waste (material left after processing) must be disposed of via landfill or waste management provider. This requirement does not apply to heads dropped at CWD collection sites, or lymph nodes submitted for CWD surveillance.

*Can I retrieve a wounded deer from posted land?* If the deer was shot on land where you had a legal right to be and it ran onto posted land, you may retrieve it. However, you may not take a firearm or bow with you. The department suggests contacting the landowner as a courtesy prior to entering.

*What if the landowner says I cannot retrieve a deer from posted land that was shot on land where I had a right to be?* Contact a game warden.

*Can I drive off-trail on private land to retrieve a deer?* Unless prohibited by a landowner or operator, you may drive off-trail on private land once a deer has been killed and properly tagged. You must proceed to the carcass by the shortest accessible route and return to the road or trail by the same route.

*Can I transport someone else's deer?* Yes, but you will need a transportation permit from a game warden. The license holder, person transporting the animal, and the carcass must be presented to the game warden before the permit is issued.

*May I carry a pistol when I am hunting with a deer rifle?* Yes, but the handgun must meet minimum requirements listed in the deer hunting regulations to be legal for taking deer.

*Can I carry both bow and gun afield during deer gun season if I have both licenses?* Yes, but only if you are going to fill your gun license. No firearms, except handguns, may be in the hunter's possession while hunting with a deer bow license. However, handguns may not be used in any manner to assist in the harvest of a deer with an archery license.

# Kota Theater

153 N. Main Street  
Garrison, ND 58540

## Upcoming movie:

(all showtimes 7:30 pm unless noted)

Adults-\$7 | Under 13 - \$5  
Where popcorn is still only 50¢

Follow us on Facebook for  
current movie listings

 [Sakakawea Area Council for the Arts](#)



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## WORSHIP SCHEDULE

Riverdale Community Church  
8:30 am (Riverdale, ND)



St. Bonaventure Catholic Church  
Underwood  
Saturday 5:00 pm

St. Catherine's Catholic Church  
Turtle Lake  
Sunday 10:30 am

St. Edwin Catholic Church  
Washburn  
Sunday 8:30 am

St. John's Lutheran Church (LCMS)  
9:00 am (Underwood)

St. Paul's Lutheran Church (ELCA)  
11:00 am (Riverdale, ND)

Trinity Lutheran Church (LCMS)  
11:00 am (2 mi W & 2 mi S of Pick City)

St. Paul Lutheran Church (ELCA)  
10:30 am (from Pick City: 2 mi W, 6 mi S & ¼ mi E off of Hwy 200)

## The Construction of the Garrison Dam

*A Big Job - Allis Chalmer film*

[A Big Job - Allis Chalmers film - YouTube](#)

*The history & construction of not only the Garrison Dam but the communities which evolved because of it, is a special part of this area's history.*

*This 19-minute Allis Chalmer film is a treasure. Click the active link above to watch the live broadcast.  
(online version of The Dam News).*

**USACE GARRISON DAM**  
**Current Elevation (11.01.23)**  
1840.07 ft

[U.S. Army Corps of Engineers: Missouri River Basin, Water Management Division](#)

## Riverdale-Pick City Ambulance & Riverdale Fire Department



Meetings



**Riverdale-Pick City Ambulance Business Board Meeting-(Quarterly)**

Second Wednesday of the Month @ 6pm

**Riverdale-Pick City Ambulance Training Meeting-**  
Third Wednesday of the Month

**Riverdale Fire Department Business Meeting-**  
Third Tuesday of the Month

**Riverdale Fire Department Training Meeting-**  
Third Tuesday of the Month

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 [Totten Trail Bar](#)

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**Tuesdays:**

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**Wednesdays:**

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**Thursdays:**

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**Fridays:**

Shrimp

**Saturdays:**

Steaks/Prime Rib

**Sundays:**

Pizza

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**TUESDAYS at**  
**7:00 pm**

**1<sup>st</sup> Blackout 56#s**

**\$1,180**

**2<sup>nd</sup> Blackout 57#s**

**\$1,160**

**Hours**

Closed Mondays

**Kitchen**

Tues-Thurs & Sun

11am - 8 pm

Fri & Sat: 11am-9pm

**Bar**

Tuesday - Sunday:

11am - 11 pm



# Harbor Bar & Grill

701.442.3129

Hwy 83 & Frontage Rd., Coleharbor, ND

Prime Rib Night

Wednesdays at 4pm - \$12  
Regular Menu

Steak & Seafood Night

Thursday - Saturday  
4 - 9:30 pm

## HOURS

Wed-Saturdays:

11:30 am - 11:00 pm

Friday & Saturday:

4:00 pm starts  
Steak Night

Thursday - Saturday:

Bar Open 'till 1am

Temp Closed

Sunday-Tuesdays

## Appetizers

Drummies	Corkscrew Shrimp
Gizzards	Pepper Jack Mac N Cheese Bites
Calamari	French Fries
Homemade Jalapeno Poppers	Cheeseballs
Onion Rings	Tater Tots
Chicken Strips	Wisconsin Cheese Curds
Sidewinder Fries	Chicken Cordon Bleu Balls

## Entrees

12 oz. Prime Rib Steak	French Dip	Fleischkuekla
12 oz. Ribeye Steak	Reuben	Patti Melt
Grilled Shrimp Skewers	Grilled Cheese	Prime Rib Sandwich with Coleslaw & French Fries
Walleye	Chicken Strip Basket w/ slaw and FF	<b>Homemade Specials Each Wednesday &amp; Thursday</b>
Calamari	Walleye Basket w/ slaw and FF	
	Corkscrew Shrimp w/ slaw and FF	

**Homemade Specials  
Each Wednesday &  
Thursday**

**Check out NEW items  
coming to our menu!**



## Burgers

Classic Burgers-seasoned ½ lb. beef patty	Double Bacon Cheeseburger
Hamburger	German Burger
Cheeseburger	Chipotle Burger
Double Cheeseburger	Bleu Cheeseburger
Bacon Cheeseburger	BBQ Swiss Burger

From a very small tavern to a well traveled steakhouse, many come from all directions. Our nice private dining room is perfect for family, anniversaries, birthdays, meetings & private getaways. Kid friendly until 10pm

Wine by  
Dakota Sun



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Blackberry,  
Chocolate  
Raspberry,  
Chocolate Cherry,  
Chokecherry,  
Haskap, Pear, Plum,  
Raspberry Dream,  
Red Velvet,  
Rhubarb-Raspberry,  
Cherry, Medora  
Raspberry, Rhubarb

# The Dam News

Published every Wednesday

Ava's Light, LLC

Brenda Beran, Founder

Publisher & Managing Editor

605.660.0104

Deadline for submitting advertisements & updates must be received by Noon on Mondays unless otherwise indicated.

Email to:

[thedamnewseditor@gmail.com](mailto:thedamnewseditor@gmail.com)

All personal ads must be prepaid.

For billing & payments, please mail to:

Ava's Light, LLC

PO Box 736

Riverdale, ND 58565

## Ad Rates

### Business Ads

Business Card Size (2"x3") \$5/week

1/4 page \$7/week

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Full page (8 1/2 x 11) \$15/week

### Personal Ads

Business Card Size (2"x3") \$4/week

1/4 page \$5/week

1/2 page \$7/week

Full page (8 1/2 x 11) \$12/week

In honor of a beautiful girl, my daughter, Ava's Light is born. Through this mission of supporting local businesses & organizations in all our communities, by helping to promote them with creativity & inspiration, her legacy lives on, one assignment at a time.



# The Dam News

My story

When I moved to this area a few years ago from out of state, I realized that all things revolve around beautiful Lake Sakakawea. The communities wouldn't be here if it wasn't for the Dam and because of the incredible history in this area, The Dam News will celebrate all communities and those within that make this so special. ~Brenda

## All the ways to find The Dam News

*Group Facebook Page*

 [The Dam News](#)

[The Dam News | Facebook](#)

*Scan the QR Code below to also find us on Facebook*



Pick City city website

<https://www.pickcitynd.com>

## A printed copy available at the following locations:

### Riverdale

Iron Oar, Changing Styles Salon, Knights Bar & Grill, & Spillway Coffee House

### Pick City

Scott's Bait & Tackle, Teresa's Grocery, Little's Bar & Grill & The Dam Bar & Steakhouse

### Underwood

Soda's & Things, Bravera Bank, Cottingham Insurance & Grimsley's

### Garrison

Garrison CVB, Flowers-N-Things, Garrison Insurance, S & J Hardware, Chase Pharmacy & Ye Olde Malt Shoppe

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Updates to existing  
ads  
Mondays by Noon

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